



WELCOME  
TO  
RAINY RIVER  
FIRST NATIONS

## Community Breakfasts & March Break Fun!

Boozhoo Members! Community Breakfasts will be served every day in the Drum Room during March Break! Come out, have some delicious eats, and visit! Don't forget to sign up for the fun-filled activities we have planned for March Break! Great Prizes, great people, great fun!



Community Wellness & CCP  
invite you to...

## MARCH BREAK COMMUNITY BREAKFASTS!

Monday March 16<sup>th</sup> - Friday  
March 20<sup>th</sup> : DAILY from  
9:00-11:00AM  
RRFN Drum Room

All are Welcome !

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# BELT MAKING

With Local Instructor Ashley Bombay

Open to All Youth ages 0-18.  
Get Ready for Pow Wow Season!

Mondays 4:30pm to 6:30pm  
Starting Monday, March 16th, 2026  
RRFN Band Office(Drum Room)  
Dinner provided!

**TO REGISTER PLEASE CONTACT:**  
Amber Vanasse  
E: [amber.vanasse@manitourapids.ca](mailto:amber.vanasse@manitourapids.ca)  
PH: 807-482-2479 ext. 239

\* For Children under 11, parents are asked to attend to assist.

# DIY BEADED ACCESSORIES

Come out and learn to make your own beaded accessories!

## WEDNESDAYS

5:00PM-9:00PM  
East End Hall

For more info Message Irene Hunter on Facebook Messenger



# SENIOR'S BAKESALE

THURSDAY 19TH MARCH  
12PM-SELLOUT  
\*NO EARLY BIRDS\*  
RRFN GYM @ WINTER CARNIVAL

*Seniors raising funds for the Pow Wow*



# LITTLE EXPLORERS PLAY GROUP

RAINY RIVER FIRST NATIONS



Parents and infants 0-18 months are welcome to join us for songs, sensory play, social interaction and more!

FOR MORE INFORMATION PLEASE CONTACT KATIE SADEWASSER AT [KATIE.SADEWASSER@MANITOURAPIDS.CA](mailto:KATIE.SADEWASSER@MANITOURAPIDS.CA)

**APRIL 2<sup>ND</sup> & APRIL 16<sup>TH</sup>, 2026**  
10:00 AM - 12:00 PM  
AT THE RRFN DRUM ROOM



**RAINY RIVER FIRST NATIONS**



# POKER WALK

**Tuesday March 24**

Walkers will be allowed to start walking from 4:30pm - 6:30pm

Seniors with health conditions or mobility issues will be allowed to walk around the outside of the band office

EACH WALKER WILL BEGIN AT THE BAND OFFICE TO REGISTER: THEN START THEIR WALK. PIN POINTS WILL BE: THE RAPIDS (where we used to have the fish fry), THE GYM, THE 4 WAY INTERSECTION (Bear St & Caribou St.), AND THE BOAT LAUNCH

**CASH PRIZES TO BE WON FOR DIFFERENT AGE CATEGORIES**

This is a poker walk, where everyone will be walking (no driving or riding anything motorized)

## RRFN FAMILY VOLLEYBALL TOURNAMENT

### SUNDAY MARCH 29

**CASH PRIZES:**

- 1ST, 2ND AND 3RD PLACE TEAMS
- MVP, MOST SPORTSMANLIKE and other awards
- TEAM JERSEY

OPEN TO ALL RRFN FAMILIES, ANYONE CAN PLAY - AUNTIES, UNCLAS, COUSINS AND LOVERS (They must be related to a band member in RRFN)



CONTACT TAMMY TO SIGN UP YOUR TEAM BY MARCH 25.

# T3PS RECRUITMENT

## PREP FITNESS TEST



**EVENT DATES**

- NORTH - MARCH 15TH, 2026 @11AM  
1095 RAILWAY STREET (GARAGE)
- EAST - MARCH 21, 2026 @2PM  
DRYDEN AGRICULTURAL CENTRE
- SOUTH - APRIL 26, 2026 @11AM  
COUCHICHOING MULTI-USE FACILITY

REGISTRATION REQUIRED  
RECRUITMENT@T3PS.CA



Sunday April 5, 2026  
11:00am  
COUCHICHOING MULTI-USE FACILITY

TEXAS HOLD'EM

# POKER FUNDRAISER



**80/20 PAYOUT- \$100 BUY-IN**

- 40% - 1<sup>ST</sup> PLACE
- 20% - 2<sup>ND</sup> PLACE
- 10% - 3<sup>RD</sup> PLACE
- 5% - 4<sup>TH</sup> PLACE
- 5% - 5<sup>TH</sup> PLACE

\$50 RE-BUYS UNLIMITED FIRST 60 MINUTES  
\$20 ADD-ON AFTER 1<sup>ST</sup> BREAK

\$20 BUY-IN HIGH HAND. 100% PAYOUT

RULES WILL BE POSTED AND AVAILABLE AT THE FUNDRAISER.

DON'T PLAY? THAT'S OK!  
STOP BY AND GRAB SOME FOOD FROM THE CANTEEN.

PROCEEDS SUPPORT LANDEN'S LAMBO'S HOCKEY TRIP TO FRANCE- APRIL 2026 BAUER WORLD CUP

# MARCH BREAK ACTIVITIES

## MARCH BREAK ACTIVITIES



**14-16** WINNIPEG - NHL GAME

**17th** CORNHOLE TOURNAMENT

**18th** MERCHANDISE BINGO

**19th** INDOOR ACTIVITIES  
AT THE GYM

**20th** LIP SYNC CONTEST

**21ST** LUCKY DRAW  
VOLLEYBALL

# MARCH BREAK ACTIVITIES

## ST. PATRICKS DAY THEME CORNHOLE TOURNAMENT

TUESDAY, MARCH 17

1:00PM RRFN GYM



There will be 3 door prizes for those who show  
St.Patrick's Day Spirit

Any 2 people per team – 1 person must be a RRFN member  
Sign up with Tammy by March 13.



## MERCHANDISE BINGO



Wednesday March 18

Doors open at 5:00pm – First game at 6:00pm

This event is for RRFN and its community members

Bingo cards will be \$40 each. You can buy as many extra sheets as you want. There will be 1 adult winner and 1 youth winner. All money collected will towards adult jackpot.

# MARCH BREAK CORNHOLE TOURNAMENT

March 17<sup>TH</sup> 2026  
1:00 PM

**SENIOR'S CATEGORIES**

**AGES 54-64+**

**AGES 65+**

**DOOR PRIZES FOR PPL WHO  
SHOW ST. PATRICKS DAY SPIRIT**

**RRFN GYMNASIUM**

**2 People Per Team**

**1 PERSON MUST BE RRFN MEMBER**

**1<sup>st</sup>: \$400**

**2<sup>nd</sup>: \$300**

**3<sup>rd</sup>: \$200**

**4<sup>th</sup>: \$100**

**More Information or to sign up  
call Danica 482-2479 ext. 269  
or 271.1223**

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# MARCH BREAK ACTIVITIES



“Community is much more than belonging to something; it’s about doing something together that makes belonging matter.”

# MARCH BREAK ACTIVITIES

## INDOOR WINTER CARNIVAL

Thursday, March 19 11:00am–3:00pm

Bouncy castles, Pizza, Games, Crafts,  
Penny table and More



## LIP SYNC BATTLE & DINNER

Friday March 20

Dinner will be served at 5:00.

First show will start at 5:30.



This is for RRFN members ON and OFF reserve. You are allowed 1 non-member to perform in your group. Contestants will be judged based on Lip Sync abilities, how well you resemble the original singer/band, creativity, stage presence, choreography and audience impact.

**Contact Tammy Horton by March 17 to register your band and name of song**  
this will give the judges time to study the original singer/band you will be  
covering

# MARCH BREAK ACTIVITIES

LUCKY DRAW

Everyone  
invited



1st \$1400 +  
Entry fees  
2nd place  
\$1000  
3rd place  
\$600

# VOLLEYBALL

**AGES 15+      \$20**

**SATURDAY MARCH 21**

**DOORS OPEN AT 12:00PM  
DRAW STARTS AT 12:30AM**

**RRFN GYMNASIUM**

Made with PosterMyWall.com

# MARCH BREAK ACTIVITIES

## ARCHERY TOURNAMENT

Sunday, March 22, 2026 — 9 AM to 3 PM  
Manitou Gym

### Event Schedule

- 9:00 AM — Registration & Practice Rounds
- 10:00 AM — Competition Begins
  - 7.5 meters — Ages 12U
  - 10 meters — Ages 12U, 19U, 20+
  - 15 meters — Ages 19U & 20+



### Prizes

Age Group	1st Place	2nd Place	3rd Place
12U	\$100	\$50	\$25
19U	\$150	\$100	\$50
20+	\$150	\$100	\$50

### Equipment & Rules

- Bows: Any type allowed. Genesis bows available in the gym.
- Max Draw Weight: 30 lbs
- Arrows: Easton arrows provided, or bring your own
- Scoring: 2 rounds per archer, 3 ends per round, maximum score of 300.

Join Us for a Day of Fun, Skill & Friendly Competition!

# RECREATION CALENDAR



## March 2026 Recreation Hours

Sun.	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
1 Open Gym 6:00 – 9:00	2 Seikido Gym Closed	3 Open Gym 5:00 – 7:00	4 Open Gym 6:00 – 9:00	5 Nerf Games 5:00 – 7:00	6 Gym Closed	7 Archery 10:00 – 12:00 Nerf 1:00 – 2:00
8 Open Gym 6:00 – 9:00	9 Seikido Gym Closed	10 Kids St. Patrick's Day crafts	11 Open Gym 6:00 – 9:00	12 Nerf Games 5:00 – 7:00	13 Gym Closed	14 Archery 10:00 – 12:00 Nerf 1:00 – 2:00  COMMUNITY TRIP TO WINNIPEG
15 NHL Hockey game 1:00pm	16 Return to RRFN  Gym Closed	17 Cornhole Tournament	18 Merchandise Bingo	19 Indoor Carnival RRFN Gym	20 Lip Sync Contest	21 Lucky Draw Volleyball
22 Open Gym 6:00 – 9:00	23 Seikido Gym Closed	24 Poker Walk	25 Open Gym 6:00 – 9:00	26 Nerf Games 5:00 – 7:00	27 Gym Closed	28 Archery 10:00 – 12:00 Nerf 1:00 – 2:00
29 Family Volleyball Tournament	30 Seikido Gym Closed	31 Open Gym 5:00 – 7:00				

# YOUTH CENTRE COORDINATOR

## NEW YOUTH CENTRE COORDINATOR

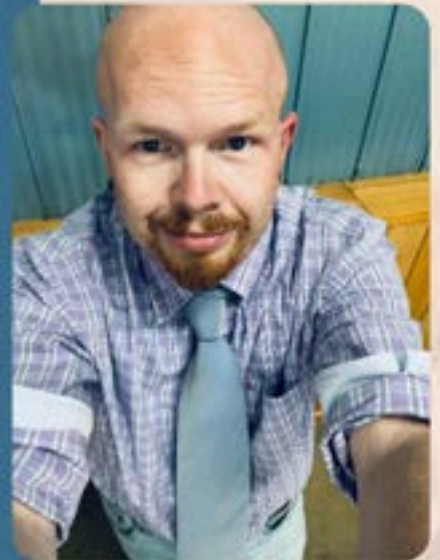
### WELCOME JAY MCFARLANE

Hello and Boozhoo, as the new Youth Centre Coordinator for Rainy River First Nations I am excited to start building relationships within the community and support the youth of Manitou Rapids.

My name is Jay McFarlane, I entered this new chapter with a strong reputation within Treaty #3 communities and the Rainy River District. For over 20 years I challenged myself to offer the best possible customer service possible through my roles in the community. In 2023 I took a leap of faith and moved to the social sector to better help my community, by accepting roles with United Native Friendship Centre, Shooniyaa Wa-Biitong and Seven Generations Education Institute.

Outside of the office I love to stay active with my daughter and dog and through playing squash, hiking, camping and kayaking. I am a very passionate Winnipeg Jets fan and music lover who fills his time with trips to the gym, reading (mostly comic books), building Legos and colouring.

I am looking forward to working with RRFN to provide a safe space for young people to feel is for them. I feel that one thing we need to focus on building within everyone is confidence and a belief that they belong to something. I enter this position with passion and energy to help the youth of RRFN believe in themselves and that the community is behind them.



CONTACT JAY AT:

[JAYSON.MCFARLANE@MANITOURAPIDS.CA](mailto:JAYSON.MCFARLANE@MANITOURAPIDS.CA)

# ADDICTIONS DEPARTMENT

## RRFN Women's Gathering

RRFN Addictions Department invites women of all ages to a gathering including a sharing circle, teachings, & drumming! Snacks & Supper will be provided.

**Friday March 20/26**  
**RRFN Drum Room**  
**12:00-6:00PM**

For more information contact Jim or Ashley:  
807-271-7300 or 807-271-6520

ADDICTIONS SUPPORT

## AA & NA MEETINGS

**MONDAYS 6-7PM**  
**@ EAST END HALL**

**March 9: AA**  
**March 16: NA**  
**March 23: AA**  
**March 30: NA**

### MORE INFORMATION

Adam @ 807-482-2479 ext. 261 or  
adam.ali@manitourapids.ca

## RRFN ADDICTIONS DEPARTMENT

### Boozhoo!

Rainy River First Nations Addictions Department would like to take this opportunity to introduce our team.

### PLEASE REACH OUT.

We are here to provide you with whatever supports we can & answer your questions!

**Adam Ali**

**Director of Addictions**

(Ph.) 807-482-2479 ext. 261

(C) 807-271-6186

adam.ali@manitourapids.ca

**Lois Bradley**

**Outreach**

(Ph.) 807-482-2479 ext. 266

(C) 807-271-0065

lois.bradley@manitourapids.ca

**Jim McMahon**

**NNADAP**

(Ph.) 807-482-2479 ext. 262

(C) 807-271-7300

**We are in Office:**

Monday - Friday

8:30am-4:30pm

If you are need after hours assistance please DO NOT hesitate to

call our on-call #:

**807-271-6186**

# EMPLOYMENT OPPORTUNITIES



## *Rainy River First Nations* MANITOU RAPIDS

### **Current Opportunities:**

- Overall Responsible Operator
- Claims Implementation Coordinator
- CCP On-Call Worker
- Home and Community Support Worker
- Human Resources Assistant
- First Nations Representative
- Indian Residential School Survivors' Coordinator (Kay-Nah-Chi-Wah-Nung Historical Centre)
- Tour Guide (Kay-Nah-Chi-Wah-Nung Historical Centre)

# JOIN OUR TEAM

**Send your cover letter and resume to:**

[hr@manitourapids.ca](mailto:hr@manitourapids.ca)

For more information please visit our  
website: [www.rainyriverfirstnations.com](http://www.rainyriverfirstnations.com)

# EMPLOYMENT OPPORTUNITIES



## Current Employment Opportunities

Wednesday, March 11, 2026

At New Gold you can be part of a team of professionals focused on responsible mining, workplace health and safety, and building sustainable communities.

Our Values drive every decision and action we take at New Gold:

<b>Innovation:</b>	To make things better
<b>Collaboration:</b>	As one company
<b>Accountability:</b>	For our shared success
<b>Respect:</b>	For all people
<b>Excellence:</b>	At every step

### Current available positions at the Rainy River mine:

- Mill Operations General Supervisor
- Mill Operations Control Room Supervisor
- Open Pit Mine Planner / EIT
- Mill Maintenance Logistics Coordinator
- Mill Labourer - Temporary
- Underground Operations Engineer
- Underground Projects Control Coordinator
- Maintenance Short Term Scheduler 1
- Underground Projects Engineer
- Industrial Hygienist Co-op
- Senior Mine Engineer - Open Pit
- Summer Student (various departments)
- Mobile Maintenance Electrician
- Crane Operator Journeyperson - 14/14
- Underground Production Geologist / GIT
- Mobile Maintenance Preventive Maintenance (PM) Technician
- Emergency Services Coordinator
- U/G Mine Trainer
- Industrial Hygienist

For more information or to view the full job descriptions, visit our website:  
<https://newgold.com/careers>



## CENSUS JOBS

Statistics Canada is hiring in your community for the 2026 Census!

Use your local knowledge to help conduct the census.

Your contribution to the census can help your community plan and shape its future!

### Important to know

- There are approximately 32,000 census jobs available across Canada.
- Pay is **\$25.87 per hour** for non-supervisory positions and **\$31.32 per hour** for supervisory positions, plus authorized expenses.
- The time frame for census jobs is between **March and July 2026**, depending on the position and location.
- You must be available to work flexible hours, including days, evenings and weekends.



Apply now and tell a friend  
[census.gc.ca/jobs](https://census.gc.ca/jobs)

For assistance, please call 1-833-830-3106  
Teletypewriter (TTY): 1-833-830-3109



“Insane  
Work  
Ethic &  
Hard  
Work  
Beat  
Talent  
all the  
time”

# EMPLOYMENT OPPORTUNITIES

## Rainy River First Nations Community Care Program



### Live In Foster Parent

#### **Rainy River First Nations Community Care Program Mission Statement**

The community's raising of children is to maximize a family's ability to be independent and self-sufficient through effective collaboration and support.

We recognize that there will be family breakdowns due to different life stressors which may include grief, drug and alcohol addictions, poverty, family violence, separation and divorce, physical and mental health issues. Our paramount purpose is to keep children safe from these situations with the goal to support the healing and recovery of parents so families can be reunited.

#### **PRIMARY ACCOUNTABILITIES**

- Ability to live in a home full-time with children in care.
- Support children with self-identity, cultural identity, unique identity, personal growth and special needs.
- Work collaboratively with the Community Care Program team to provide holistic services to children and youth.
- Promote positive, progressive and empathetic relationships with the children and youth we support.
- Provide a daily routine for the children, such as waking up, daily hygiene, attending school, meals, and bedtime.
- Plan and prepare healthy meals and snacks for the children and youth.
- Participate in community events with the children and youth.
- Maintain accurate case notes for the children in care.
- Housekeeping Duties

#### **POSITION REQUIREMENTS**

- You must have your own vehicle, with 2-million-dollar liability insurance.
- Provide Criminal Record Check and Vulnerable Screening Sector Check.
- Valid driver's license and Drivers Abstract Check.
- CPR/First Aid Certificate or willing to obtain CPR/First Aid Certificate.
- Willing to take training as required.
- Experience in working with children and youth with special needs.
- Excellent written and verbal communication skills.

#### **How to apply:**

Please submit applications with cover letter and current resume along with three references to: [michelle.loveday@manitourapids.ca](mailto:michelle.loveday@manitourapids.ca).

If you have any questions, please contact the Alternative Care Coordinator, Michelle Loveday, at 807-482-2479 ext. 278 or 807-271-5452.

# EMPLOYMENT OPPORTUNITIES



## TREATY THREE POLICE SERVICE Summer Student Employment Opportunity

### YIPI Program - North, & Agency One Land Detachments (8)

Treaty Three Police Service in partnership with the Ministry of Children and Youth Services will be offering the Youth in Policing Initiative (Y.I.P.I) Program. Y.I.P.I is a paid employment program. The goal of Y.I.P.I is to give young people an opportunity to develop job skills while enhancing police and community relations. *The program is for interested youth with leadership potential including those who may see themselves as experiencing barriers to personal growth, success and who would benefit from this opportunity.*

The program will run from July 2<sup>nd</sup> to August 27<sup>th</sup>, 2026 and will provide the students with approximately 40 working hours per week. The participants will have the opportunity to experience policing of the Treaty Three Police service, support community initiatives and gain valuable life and employment skills.

#### The mandate of this program is:

- To promote youth participation in the work environment through diverse, educational, and productive work assignments
- To enhance the relationship between the police and the youth we serve by selecting youth reflecting our communities
- To provide positive employment opportunities for youth
- To promote life skills, recognize and develop self-worth
- To promote the Treaty Three Police Service as an employer of choice

#### Is Y.I.P.I. for You?

The Youth in Policing Initiative is intended for youth who:

- Are between the ages of 15-18;
- Must be returning to High School in 2026, if 18 must have graduated, must be attending post-secondary school in the fall
- Must be a Canadian Citizen or Permanent Resident
- Must be able to report to Treaty Three Police Headquarters: Kenora / Agency #1 Land
- Will work outdoors the majority of the summer performing physical tasks in various terrain and in a variety of weather conditions;
- Reflect the culture diversity of the community;
- Be eligible to work in Canada (\*SIN Card)
- Seeking work experience / job skills training;
- Would benefit from this developmental opportunity regarding leadership and civic responsibility;
- Successfully complete the recruitment / background check process;
- Must not have any criminal charges pending before the court;
- Agree to a mentor relationship;
- Available for the duration of the program;
- Have not been a YIPI Student before with Treaty Three Police

Wage: \$17.60 / hour

Please submit a detailed cover letter and resume to [hiring@t3ps.ca](mailto:hiring@t3ps.ca) and please specify in your cover letter which detachment position you are applying for. **Closing Date: March 23rd, 2026 at 4:00pm.**

*As an Indigenous employer we encourage First Nations, Inuit and Metis applicants to apply.*

# EMPLOYMENT OPPORTUNITIES

**KAY-NAH-CHI-WAH-NUNG  
HISTORICAL CENTRE**

**We are  
Hiring!**

We are looking for the perfect fit!  
Join a growing team here at the  
Mounds and help us make History!

**TOUR GUIDE**  
We are looking for 2 full-time Tour  
Guides to join the centre!

Send your resume to:  
[hr@manitourapids.ca](mailto:hr@manitourapids.ca)

Questions?  
Call us at 1.807.483.1163  
340 Ross Rd, Stratton, ON P0W 1N0

**KAY-NAH-CHI-WAH-NUNG  
HISTORICAL CENTRE**

**We are  
Hiring!**

We are looking for the perfect fit!  
Join a growing team here at the  
Mounds and help us make History!

**Indian Residential School  
Survivors' Coordinator,  
12-month term.**

Send your resume to:  
[hr@manitourapids.ca](mailto:hr@manitourapids.ca)

Questions?  
Call us at 1.807.483.1163  
340 Ross Rd, Stratton, ON P0W 1N0

# ZIIBI ANISHINAABE INVESTMENTS



## **ATTENTION RRFN COMMUNITY MEMBERS CALL FOR TENDER**



On behalf of the Manitou Community Holdings Trust we are looking for a community member who offers catering services. All interested applicants please contact Bruce Wilson via email.

Opening tender date:  
Friday March 13, 2026 and will close  
Friday March 20, 2026.

**CONTACT**

Bruce Wilson  
MCHT Chair  
[bruce.wilson@ziibicorp.com](mailto:bruce.wilson@ziibicorp.com)

## **You are invited to attend Ziibi's MCHT Community Presentation**

**When:**

Friday , March 27, 2026 @ 5:30PM

**Where:**

RRFN Drum Room

*Food Provided & Door Prizes to be Won!*



**Ziibi** | Anishinaabe  
Investments Inc.

# OFF RESERVE MEMBERS

## OFF RESERVE MEMBERS ONLINE TEAMS MEETING

**WEDNESDAY**  
**MARCH 17<sup>TH</sup> @ 6PM**

Direct Teams Link:

[https://teams.microsoft.com/meet/29856551960359?  
p=ICgJ4RJ9D9Y7X1NBu0](https://teams.microsoft.com/meet/29856551960359?p=ICgJ4RJ9D9Y7X1NBu0)

Meeting Login Info

Meeting ID: 298 565 519 603 59

Passcode: ka9GB9vm

# OFF RESERVE MEMBERS



RAINY RIVER FIRST NATIONS

## *OFF RESERVE MEMBERS*

**WHERE CAN YOU ACCESS INFO ABOUT RRFN?**

RRFN Facebook Page

One Feather Emails

RRFN APP

RRFN Website

RRFN Recreation Group (FB)

RRFN Jordan's Principle

RRFN Addictions & Outreach

**WE WANT TO HEAR FROM YOU!**

*What are your needs?*

*How can we help you?*

*What are your skills?*

**Please reach out to Councillor Lyn Blackburde to  
start the conversation!**

[lyn.blackburde@manitourapids.ca](mailto:lyn.blackburde@manitourapids.ca)

# SENIORS CALENDAR



## Elder&Senior 55+ March 2026

Sun.	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
1	2 Cloverleafs gift cards Language Chat 11-1pm EE	3	4 Gather & Games 11-1pm EE	5 Sewing 1-4pm EE	6	7
8	9	10	11	12	13 Last day to sign up for Costco Trip	14
15	16 March Break Activities	17	18	19	20	21
22	23 Language Chat 11-1pm	24 Meeting 1pm EE	25	26 Sewing 1- 4pm EE	27 Costco Winnipeg	28 Costco Winnipeg
29	30	31				

**Notes** ANY QUESTIONS PLEASE CONTACT DANICA AT  
OFFICE 482-2479 EXT 269 OR TEXT/CALL CELL 271-1223  
8:30AM-4:30PM

# BUS EXPECTATIONS

## RRFN STUDENT BUS CONDUCT

FRIENDLY REMINDER: THE SCHOOL BUS IS AN EXTENSION OF THE CLASSROOM. FOLLOWING BUS RULES KEEPS EVERYONE SAFE AND ENSURES STUDENTS ARRIVE AT SCHOOL READY TO LEARN.

### **BUS RULES:**

STUDENTS MAY FACE SUSPENSION FOR, BUT NOT LIMITED TO:  
FIGHTING, TRUANCY, OR REFUSING INSTRUCTIONS  
SMOKING, DRINKING, DRUGS, OR VAPING  
HANGING OUT WINDOWS OR DAMAGING THE BUS  
EXCESSIVE NOISE, THROWING OBJECTS, OR FOUL LANGUAGE  
REFUSING TO STAY SEATED



### **DISCIPLINARY PROCEDURE:**

TWO WARNINGS WILL BE ISSUED BY THE BUS DRIVER FOR RULE VIOLATIONS.  
THIRD WARNING: 2-WEEK SUSPENSION FROM THE BUS.  
CONTINUED VIOLATIONS: SUSPENSION FOR THE REMAINDER OF THE SCHOOL YEAR.

INCIDENT REPORTS ARE HANDLED BY THE BUS DRIVER, PRINCIPAL, AND REPORTED TO THE SCHOOL BOARD AND RRFN EDUCATION DEPARTMENT.

### **PARENTAL RESPONSIBILITY:**

PARENTS/GUARDIANS MUST ARRANGE TRANSPORTATION FOR STUDENTS SUSPENDED FROM THE BUS.

### **REPORTING ISSUES:**

BUS INCIDENTS ARE REPORTED TO THE SCHOOL BY THE BUS DRIVER.  
THE SCHOOL WILL INVESTIGATE THE INCIDENT, MEET WITH THE STUDENT(S) INVOLVED, NOTIFY THE RRFN EDUCATION DEPARTMENT, AND NOTIFY PARENTS/GUARDIANS WHEN DEEMED NECESSARY

ALL QUESTIONS AND BUS-RELATED CONCERNS WILL BE ADDRESSED WITH THE STUDENT, THE BUS DRIVER, AND THE RRFN EDUCATION DEPARTMENT.

**IF YOU HAVE ANY QUESTIONS OR CONCERNS REGARDING YOUR STUDENT ON THE BUS, PLEASE CONTACT THE SCHOOL IMMEDIATELY:**

DYS: 482-2271

FFHS: 274-7747

OLOW: 483-5477


RRFN EDUCATION DEPARTMENT: 482-2479 EXT. 207  
OR HOPE.MOSBECK@MANITOURAPIDS.CA

BATTLE IT OUT ON THE ICE!


## JOIN US FOR OUR ANNUAL MARCH BREAKAWAY BLITZ 3 ON 3 HOCKEY

Monday March 16th- Thursday March 19, 2026  
U7 - U11 7:00 - 8:30pm  
U13 - U18 8:30 - 10:00pm

Sign up at the Emo Arena contact Jamie Booth 271-5669  
Players bring a dark and light jersey to each game  
Lines will consist of players in own division  
This is a fun 3 on 3 event. Sportsmanship is required at all times  
1-minute buzzer for line change

 Rainy River First Nations  
MANITOU RAPIDS  
Education Department

Emo- LaVallee Community Center



Education Department

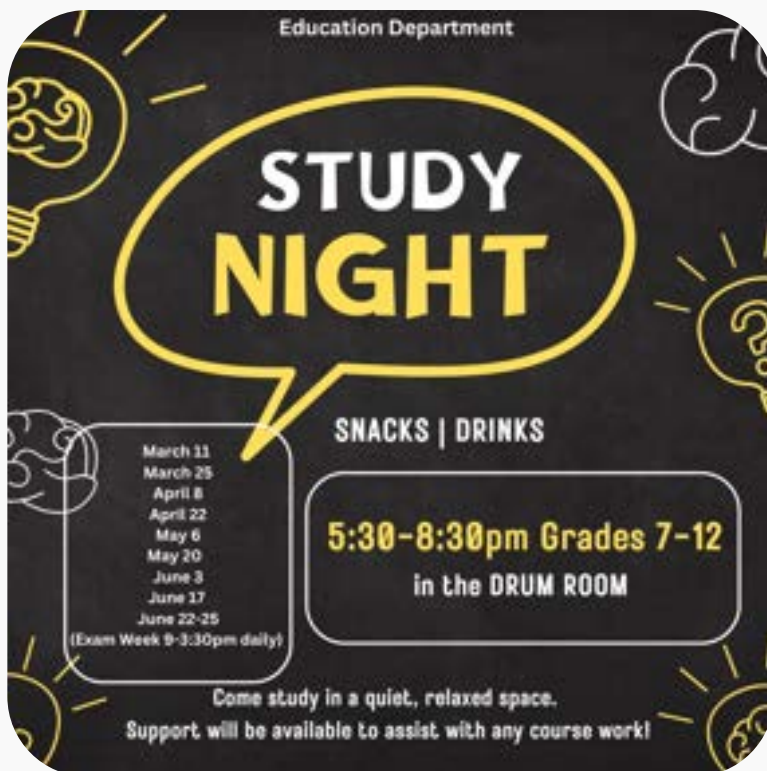
## STUDY NIGHT

SNACKS | DRINKS

March 11  
March 25  
April 8  
April 22  
May 6  
May 20  
June 3  
June 17  
June 22-25  
(Exam Week 9-3:30pm daily)

**5:30-8:30pm Grades 7-12**  
in the DRUM ROOM

Come study in a quiet, relaxed space.  
Support will be available to assist with any course work!



New and Returning Students need to apply for Post Secondary Funding

## Post Secondary Education

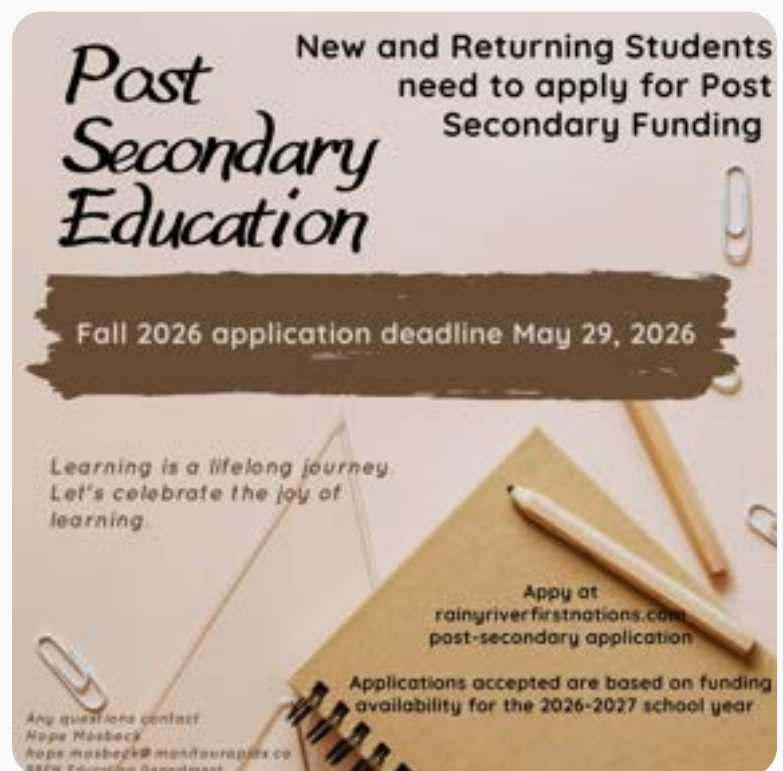
Fall 2026 application deadline May 29, 2026

*Learning is a lifelong journey. Let's celebrate the joy of learning.*

Apply at [rainyriverfirstnations.com](http://rainyriverfirstnations.com) post-secondary application

Applications accepted are based on funding availability for the 2026-2027 school year.

Any questions contact  
Hope Masbeck  
[hope.masbeck@manitourapids.ca](mailto:hope.masbeck@manitourapids.ca)  
RRFN Education Department



# ACADEMIC ATTENDANCE ATTITUDE 3 A'S PROGRAM

Students may be eligible to receive a student allowance while attending full-time studies at the Fort Frances High School. The following monthly allowances will be paid based on the following:

## What to Expect

### RRFN Student Allowances & Incentives – Quick Guide Grades 9-12 - RRFN Community Members

#### Attendance

Reports must be submitted to the Education Director on the last Wednesday each month. Must attend 17/20 days each month to receive allowance- First week of the month will be delivered.

Up to 2 unexcused absences allowed – more than that means no allowance. School/Community Events count as attendance if the Education Director is informed.

#### Seven Generations HS & UNFC

Eligible for allowance while attending full-time or part-time.

\$100 per completed credit (20 lessons).

Principal must provide a written completion letter to the Education Director.

#### Academic Awards

Honor Roll: \$200 per term (max \$400/year).

Graduates on Nominal Roll: \$500.

#### Attitude Incentives

For students demonstrating positive behaviour in:

Community events, volunteering & service

Bus expectations

School & community involvement



*Rainy River First Nations*  
MANITOU RAPIDS

#### The 3 A's Draw

Students who achieve Attendance, Academics & Attitude will be entered into up to 3 prize draws each year

#### How to Achieve

Attendance must be provided to the Education Director at the end of each month. Honor lists will be proved to the Education Direct from the Guidance Counsellors. Students are required to complete Community Hours signed and handed in to the Fort Frances High School this form is also required to be sent to the Education Director. Bus expectations are reviewed by the Bus driver.

**More Info :** [hope.mosbeck@manitourapdis.com](mailto:hope.mosbeck@manitourapdis.com)

Education Department

# COMMUNITY CARE PROGRAM

## RAINY RIVER FIRST NATIONS COMMUNITY CARE PROGRAM

We are looking for **FULL-TIME  
CAREGIVERS/FOSTER PARENTS** and **RESPITE  
HOMES** that...



- ✓ Able and willing to provide a loving, stable home for Anishinaabe children and be open to learning the Culture and Traditions.
- ✓ Have good problem-solving skills, child management skills, patience, compassion, sensitivity towards cultural needs, and an ability to work well as part of a team.

If you would like more information on becoming a Caregiver/Foster Parent, please call the Alternative Care Coordinator, Michelle Loveday, at (807)271-5452 or (807)482-2479 ext. 278

**Make a difference in a child's life,  
become an Alternative Caregiver**

## RAINY RIVER FIRST NATIONS COMMUNITY CARE PROGRAM



**RAINY RIVER FIRST NATIONS COMMUNITY  
CARE PROGRAM IS LOOKING FOR COMMUNITY  
MEMBERS TO PROVIDE PLACEMENTS  
EMERGENCY PLACEMENTS FOR MULTIPLE  
CHILDREN IN CARE.**

**WE ARE DESPERATELY ASKING FOR YOUR  
HELP IN PROVIDING A SAFE AND LOVING  
HOME FOR THE CHILDREN AND TO KEEP THE  
CHILDREN IN OUR COMMUNITY.**

**LET'S WORK TOGETHER AS A COMMUNITY TO  
KEEP OUR CHILDREN SAFE.**

**IF YOU ARE ABLE TO HELP, PLEASE CALL ME,  
MICHELLE LOVEDAY, AT 807-482-2479 EXT.  
278 OR 807-271-5452.**

**MIGWECH!**

**YOU HELP IS GREATLY APPRECIATED!**



## FRIENDLY REMINDER

FRIENDLY REMINDER THAT LONG DISTANCE  
MEDICAL APPOINTMENTS MUST BE HANDED IN  
AT LEAST 2 WEEKS IN ADVANCE OF THE  
APPOINTMENT DATE.

NIHB requires all applications to be submitted 2 weeks (10 business days) in advance of the appointment date. The only exception is urgent/emergency appointments.

Fax #: (807) 482-1502

Email: [juanita.connon@manitourapids.ca](mailto:juanita.connon@manitourapids.ca) or  
[laura.cridland@manitourapids.ca](mailto:laura.cridland@manitourapids.ca).

If you have any questions, please feel free to reach out to Juanita Hunter-Connon @ (807) 482-2479 ext. 232. Or if you are in urgent need **AFTER HOURS**, please call or text (807) 271-6481.

## \* FRIENDLY REMINDER FOR MEDICAL VAN USE \*

Please provide **24 hours notice** of appointments, if possible. Seats are booked on a **FIRST COME – FIRST SERVE BASIS!!** If you require someone to travel with you for medical reasons (mobility impairment, translation, child 16 years and under), please inform Laura or Juanita. Please **DO NOT** call the medical van driver directly – you must book with Laura or myself.

If you no longer require a ride on the van, please be courteous and cancel your booking. This will assist other community members who may require transportation during that time slot. We make every effort to accommodate all appointments but, do experience scheduling difficulties with times and location from time to time.

Clients will be brought to their appointment and picked up at the same location. We will **NOT** pick you up at a friend's house, downtown or at a restaurant. Please do not ask our driver to bring you to different stops – he is not a taxi.



Any individuals who are under the influence of alcohol **WILL NOT** be transported to or from their appointment. **NO EXCEPTIONS!!**

Also, the medical van driver **WILL NOT** pick up any prescriptions. We will be happy to provide a ride for you, or a designate, to pick up your medication. Exceptions are made on a case-by-case basis.

Lastly, please call 9-1-1 and request an ambulance in the event of an emergency. For non-life threatening emergencies, the medical van will transport if there are no scheduled appointments OR the van is scheduled to be in Fort for an appointment.

**THANK YOU FOR YOUR COOPERATION!!**



**Rainy River First Nations**  
MANITOU RAPIDS

## *Menopause Tea*

A come-and-go gathering to discuss ways to manage menopause.

- Discover strategies using both Western and Traditional medicines
- Explore community resources and support
- Enjoy soup, sandwiches, and conversation



*Rainy River First Nations Gymnasium*  
*Friday, March 27th, 2026 from 11 am - 1 pm*



**GIZHEWAADIZIWIN**  
Health Access Centre

*For questions please contact*  
*Juanita at 807-482-2479 ext 232*

## INTRODUCING

# Annual Diabetes Clinical Program



THIS PROGRAM IS COMPLETED IN TWO STEPS,  
PARTICIPANTS WILL NEED TO ATTEND EACH  
APPOINTMENT

## STEP 1: INITIAL INTAKE & ASSESSMENTS

DATE: MARCH 23, 2026

WHERE: RAINY RIVER FIRST NATIONS HEALTH CENTRE

THE FIRST VISIT WILL HAVE A REGISTERED NURSE, A DIABETES & FOOTCARE COORDINATOR AND WILL INCLUDE:

- INTAKE PAPERWORK AND WELLNESS ASSESSMENTS, BLOOD DRAWS, AND ECG
- A BRIEF FOOT CARE SCREENING

PATIENTS ARE ENCOURAGED TO BRING:

- THEIR HEALTH CARD
- A LIST OF CURRENT MEDICATIONS
- A BRIEF MEDICAL HISTORY
- COMFORTABLE CLOTHING TO SUPPORT A RESPECTFUL AND THOROUGH ASSESSMENT



## STEP 2: FULL CIRCLE WELLNESS CLINIC DAY

DATE: APRIL 9TH, 2026

THIS DAY WILL BRING TOGETHER OUR CARE TEAM CONSISTING OF A DIABETES EDUCATOR/DIETITIAN, FOOT CARE NURSE, AND AN NP

PATIENTS WILL RECEIVE RETINAL SCREENING, MEDICATION REVIEWS, DIABETES EDUCATION, AND FOLLOW-UP FOOT CARE AS NEEDED

CALL JUANITA CONNOR TO REGISTER: 807-482-2479 EXT 232

IF YOU WOULD LIKE MORE INFORMATION CALL: (807) 274-3131



**GIZHEWAADIZIWIN**  
Health Access Centre



**GIISHKAANDAGO'IKWE**  
— HEALTH SERVICES —

# COMMISSIONER'S FOR AFFIDAVITS

## Commissioner for taking affidavits

### Information Sheet: Overview

*Note: This is not legal advice. If you need legal advice, please consult a lawyer.*

#### What is a commissioner for taking affidavits?

A commissioner for taking affidavits can take affidavits and administer oaths, affirmations or declarations.

An *affidavit* is a written statement confirmed to be true by oath or affirmation, often used as evidence in court. An *oath*, *declaration* or *affirmation* is a solemn pledge with legal consequences that can be made before a commissioner (or a notary public).

Commissioners are governed by the [Commissioners for Taking Affidavits Act](#) (the Act). There are several ways in which individuals can become a commissioner, including by virtue of office or through an application program administered by the Ministry of the Attorney General (the ministry).

#### What is a commissioner for taking affidavits by virtue of office?

Individuals in certain positions are automatically designated as a commissioner by virtue of office in accordance with [O. Reg. 386/12: Commissioners and other persons who may take affidavits](#) of the Act. They do not need to apply to the ministry for an appointment and they remain a commissioner, subject to any limitations set out in the regulation, until they are no longer in the position.

#### What are my role and responsibilities as a commissioner for taking affidavits?

When a commissioner takes an affidavit, they must administer an oath, affirmation or declaration to the deponent so that the deponent can attest to the truth of the statements made in the affidavit.

A commissioner does not attest to the truth of the statements in an affidavit. A commissioner only administers the oath, affirmation or declaration to the deponent, and attests to the validity of the deponent's signature before signing the jurat or declaration. *Note:* the deponent or declarant must provide proof of their identity to the commissioner.

The *jurat* is the part of the document where the commissioner certifies when and where the affidavit or declaration was taken. It is usually written at the foot of the document.

#### What else do I need to know as a commissioner by virtue of office?

You are not required to use a stamp, but you may wish to use one when commissioning to more easily identify yourself and the documents you commission for verification and/or authentication purposes.

You cannot notarize documents, and you cannot take your own affidavits or declarations. You can refuse to commission a document if you believe it is improper, not prepared correctly or if the document falls outside of your commissioning limitation(s) specified in regulation or your organization's policies.

You can commission documents in-person or remotely in accordance with [O. Reg. 431/20: Administering oath or declaration remotely](#) of the Act.

#### Where can I find more information?

The ministry has a [guide for newly appointed commissioners for taking affidavits in Ontario](#) on its website.

# YOUR RRFNs CHIEF & COUNCIL ARE NOW COMMISSIONER'S FOR TAKING AFFIDAVITS.

# JAY TREATY INFORMATION

FOR IMMEDIATE RELEASE

February 24, 2026

Contact: [jaytreatyborderalliance@gmail.com](mailto:jaytreatyborderalliance@gmail.com)

## **JAY TREATY BORDER ALLIANCE RESPONDS TO CANADA'S TRAVEL ADVISORY, REAFFIRMS FIRST NATIONS' INHERENT RIGHT TO CROSS THE CANADA-U.S. BORDER**

The Jay Treaty Border Alliance (JTBA) expresses profound disappointment with Canada's recent travel advisory, which strongly recommends that First Nations individuals crossing into the United States carry a Canadian passport in addition to their secure status card. The JTBA maintains that the inherent right of First Nations to cross the Canada-U.S. border—using identification that affirms their First Nation identity as recognized under the Jay Treaty of 1794—is paramount. Guidance advising the use of Canadian passports undermines this right and stands in stark contrast to the principle of First Nations' self-determination.

The JTBA, established in 2017 to protect and advance the inherent rights of Indigenous peoples to freely cross the U.S.-Canada border, as recognized under Article III of the 1794 Jay Treaty, has consistently coordinated with Canada and border agencies to ensure that First Nation travellers have accurate information on acceptable documentation. In October 2022, the Jay Treaty Border Alliance – Collaborative Initiative (JTBA-CI) was established to address the unique border-crossing challenges faced by First Nation peoples. This initiative is structured to collaborate directly with First Nations whose communities and families continue to be divided and impacted by the presence of the international border.

The ongoing advocacy of the JTBA calls upon Canada not only to recognize the inherent rights of First Nations peoples but also to specifically affirm the right of American-born First Nations to enter into Canada. The establishment of the border imposed lasting divisions on First Nations, in many cases permanently separating families and communities. The JTBA urges Canada to work with First Nations against all violations, including infringements imposed by the United States and Canada itself.

Only First Nations peoples registered under the Indian Act have the right to enter and remain in Canada, but Tribal citizens do not. The JTBA continues to call on Canada to recognize this right.

The JTBA continues to work with U.S. Customs and Border Protection and Canada Border Services Agency to build practical, respectful relationships that honour treaty rights and improve the border-crossing experience for First Nation citizens and families, regardless of place of birth.

The organization's four co-chairs—Chief Michael Connors of the Saint Regis Mohawk Tribe, Chairwoman Jennifer Porter of the Kootenai Tribe of Idaho, Ontario Regional Chief Abram Benedict of the Chiefs of Ontario, and Grand Chief Cody Diabo of the Mohawk Council of Kahnawake—remain committed to addressing supporting First Nation's jurisdictional challenges