



Community Meeting & Member Payout!

The new Chief & Council held their first Community Meeting on Jan. 27 where they announced that all Members would be receiving a payout of \$7500 on February 5th. Monies for Members under 18 will be placed in a Trust. Moving forward, they stated that in addition to the Solar Payout, Members will receive \$1000 pay out per year starting in July 2027. If you have anything you would like to include in the Newsletter, please contact Lauren Hyatt- lauren.hyatt@manitourapids.ca



This issue:

Community Wellness
Recreation & Events

PAGES 01-02

Employment Opportunities

PAGE 03-04

Off Reserve Members

PAGE 05

Land and Resources Committee

PAGE 06

Housing Committee

PAGE 07

Education Department

PAGE 08

Kay-Nah-Chi-Wah-Nung

PAGE 09-10

Membership Code Reminders

PAGE 11

Member Payout

PAGE 12

Membership Contact Form

PAGE 13

Boarding Home Class Action

PAGE 14

Community Care Program

PAGE 15

Health & Wellness

PAGE 16

Ziibi Anishinaabe Investments

PAGE 17



REGALIA MAKING

With Instructor Danica Medicine

Open to All Youth ages 0-18.
Get Ready for Pow Wow Season!
Boys: Headbands and Cuffs
Girls: Hair accessories, Earrings, Jewelry

For Children under 8, parents are asked to attend to help their children with the beading.

Mondays 4:00pm to 6:00pm
Starting Monday, February 2nd, 2026
RRFN Band Office(Drum Room)

TO REGISTER PLEASE CONTACT
Amber Vanasse
E: amber.vanasse@manitourapids.ca
PH:807-482-2479



DIY BEADED ACCESSORIES

Come out and learn to make your own beaded accessories!

WEDNESDAYS

5:00PM-9:00PM
East End Hall

For more info Message Irene Hunter on Facebook Messenger



LITTLE EXPLORERS PLAY GROUP

RAINY RIVER FIRST NATIONS

Parents and infants 0-18 months are welcome to join us for songs, sensory play, social interaction and more!

FOR MORE INFORMATION PLEASE CONTACT KATIE SADEWASSER AT [KATIE.SADEWASSER@MANITOURAPIDS.CA](mailto:katie.sadewasser@manitourapids.ca)

FEBRUARY 5TH & 19TH, 2026
10:00 AM - 12:00 PM
AT THE RRFN DRUM ROOM

 **GIISHKAANDAGO'IKWE**
HEALTH SERVICES
Childs First Initiative



\$20 ADULT LUCKY DRAW VOLLEYBALL

Sunday, February 1
11:00am - Registration/doors open
11:30am - Draw names
12:00am - First game

ADULTS AGES 18+
RRFN GYM



Haircuts

With Gina Servello

Please come with your hair pre-washed

Contact Rekha for an appointment:
807-482-2479 ext. 226 or
rekha.kasana@manitourapids.ca

If no answer please leave a message requesting an appointment time.

**HAIRCUTS @
East End Hall
Monday Feb. 2
9:00AM-4:00PM**



OPEN SKATING

Sponsored by New Gold

When: Thursday Evenings October 9th Until March
5:00pm-6:00pm
Where: Emo Arena
Who: Public



ANIMAL REGISTRATION

If you missed Registration on January 13th, forms have been placed in your mail box and can be handed in at reception at the Admin Building once complete.

For more information or if you have any questions or concerns, please contact
Dakota Medicine, Animal Control Officer
at 807-271-4358



EMPLOYMENT OPPORTUNITIES



Rainy River First Nations MANITOU RAPIDS

Current Opportunities:

- Overall Responsible Operator
- Chief Financial Officer
- Claims Implementation Coordinator
- CCP On-Call Worker
- Youth Centre Coordinator
- Home and Community Support Worker
- Membership Registrar Trainee
- Casual Medical Van Driver and Full Time Medical Van Driver

JOIN OUR TEAM

Send your cover letter and resume to:
hr@manitourapids.ca

For more information please visit our
website: www.rainyriverfirstnations.com

EMPLOYMENT OPPORTUNITIES

We Are HIRING

Membership Registrar Trainee

We are seeking a dedicated **Registered Rainy River First Nations member** who is eager to learn, grow, and take part in this important training opportunity! The Membership Registrar Trainee will work closely with, and be mentored by, the Membership Registrar, gaining hands-on experience with the administrative duties related to the Rainy River First Nations Membership Code.

The purpose of this role is to support a smooth succession plan by developing the trainee's knowledge, skills, and confidence to eventually assume the full responsibilities of the Membership Registrar position.

Why Join Us?

As a valued team member, you'll enjoy a supportive work environment along with a comprehensive benefits package, including two weeks of paid vacation, two weeks of paid Christmas break, five personal leave days per year, 100% employer-paid health and dental benefits, and employer-matched pension contributions. Together, we create opportunities to grow, give back, and build a stronger future for our community.



To apply, submit your cover letter and resume to:
hr@manitourapids.ca

For our full job posting, please visit
www.rainyriverfirstnations.com/careers or scan the QR code.



WE ARE HIRING! MEDICAL VAN DRIVERS

Casual and Full-Time Available

Rainy River First Nations is seeking responsible and reliable individuals to join our Medical Van Program. We are currently hiring **one (1) full-time permanent Medical Van Driver and one (1) casual Medical Van Driver**. The successful candidates will provide transportation for clients to and from medical appointments, respond to scheduled trips and call-ins as required, ensure client safety, and offer respectful assistance throughout each trip.

apply now!

Submit your resume
and cover letter to:
hr@manitourapids.ca



Rainy River First Nations Community Care Program

Live-In Foster Parent



Rainy River First Nations Community Care Program Mission Statement

The community's raising of children is to maximize a family's ability to be independent and self-sufficient through effective collaboration and support.

We recognize that there will be family breakdowns due to different life stressors which may include grief, drug and alcohol addictions, poverty, family violence, separation and divorce, physical and mental health issues. Our paramount purpose is to keep children safe from these situations with the goal to support the healing and recovery of parents so families can be reunited.

PRIMARY ACCOUNTABILITIES

- Ability to live in a home full-time with children in care.
- Support children with self-identity, cultural identity, unique identity, personal growth and special needs.
- Work collaboratively with the Community Care Program team to provide holistic services to children and youth.
- Promote positive, progressive and empathetic relationships with the children and youth we support.
- Provide a daily routine for the children, such as waking up, daily hygiene, attending school, meals, and bedtime.
- Plan and prepare healthy meals and snacks for the children and youth.
- Participate in community events with the children and youth.
- Maintain accurate case notes for the children in care.
- Housekeeping Duties

POSITION REQUIREMENTS

- You must have your own vehicle, with 2-million-dollar liability insurance.
- Provide Criminal Record Check and Vulnerable Screening Sector Check.
- Valid driver's license and Drivers Abstract Check.
- CPR/First Aid Certificate or willing to obtain CPR/First Aid Certificate.
- Willing to take training as required.
- Experience in working with children and youth with special needs.
- Excellent written and verbal communication skills.

How to apply:

Please submit applications with cover letter and current resume along with three references to: michelle.loveday@manitourapids.ca.

If you have any questions, please contact the Alternative Care Coordinator, Michelle Loveday, at 807-482-2479 ext. 278 or 807-271-5452.



OFF RESERVE MEMBERS



RAINY RIVER FIRST NATIONS

OFF RESERVE MEMBERS

WE WANT TO HEAR FROM YOU!

What are your needs?

How can we help you?

What are your skills?

**Please reach out to Councillor Lyn
Blackburde to start the conversation!**

lyn.blackburde@manitourapids.ca



RRFN LANDS & RESOURCES COMMITTEE

The RRFN Lands Department is seeking Expressions of Interest from Members who would like to be appointed to the RRFN Lands & Resources Committee

What is the Lands & Resources Committee? The RRFN Lands & Resources Committee is an advisory committee that assists with the implementation of the *Rainy River First Nations Land Code*. Some of the responsibilities of Committee Members include researching and recommending land laws, resolutions, policies and practices respecting RRFN lands and resources to Council, facilitating communication between Members, staff and Council, assisting with annual reporting to Members, and other task associated with land administration and management.

We are seeking a minimum of 3 (three) full Members of RRFN, residing on or off-reserve, who fit the following eligibility criteria:

- Must be an eligible voter of RRFN
- Available to participate in RRFN Lands & Resources Committee meetings (at least quarterly; ToR and meeting schedule to be set by the Committee)
- Knowledge of RRFN community and land/resource issues
- Collaborative, team player, positive, solution-oriented

To apply, please submit an Expression of Interest application form that can be requested from Nicole Cochrane, Land & Natural Resources Manager – nicole.cochrane@manitourapids.ca or (807)482-2479, ext. 235. If you have any questions, please direct them to Nicole by email.

HOUSING COMMITTEE

WE NEED MEMBERS FOR THE

HOUSING COMMITTEE



We are looking to fill **4 spots** on the RRFN Housing Committee

Duties:

- Review & Recommend Housing Policies & Procedures
- Housing Allocation Recommendations
- Receive Update on Major Projects
- Provide Insights & Reports to C&C
- Meet Once Per Month

Who are looking for:

- Someone with an interest in On Community Housing
- A Registered over 18 Full Member of RRFN
- A Member with No outstanding Arrears to the Nation.

Housing Committee Makeup

- 1 Youth 18-29 years
- 1 Member 55+
- 2 Members @ large preference for 1 to be off reserve

Please hand in your letter of interest to
Kyle Kellar Public Works Manager or via
email: kyle.kellar@manitou Rapids.ca



Post Secondary Education

New and Returning Students need to apply for Post Secondary Funding

Fall 2026 application deadline May 29, 2026

Learning is a lifelong journey. Let's celebrate the joy of learning.

Apply at rainyriverfirstnations.com post-secondary application

Applications accepted are based on funding availability for the 2026-2027 school year

Any questions contact Hope Mosbeck hope.mosbeck@montevapds.ca RRFN Education Department

ACADEMIC ATTENDANCE ATTITUDE

3 A'S PROGRAM

Students may be eligible to receive a student allowance while attending full-time studies at the Fort Frances High School. The following monthly allowances will be paid based on the following:

What to Expect

RRFN Student Allowances & Incentives – Quick Guide Grades 9-12 – RRFN Community Members

Attendance
Reports must be submitted to the Education Director on the last Wednesday each month. Must attend 17/20 days each month to receive allowance. First week of the month will be delivered.
Up to 2 unexcused absences allowed – more than that means no allowance.
School/Community Events count as attendance if the Education Director is informed.

Seven Generations HS & UNFC
Eligible for allowance while attending full-time or part-time.
\$100 per completed credit (20 lessons).
Principal must provide a written completion letter to the Education Director.

Academic Awards
Honor Roll: \$200 per term (max \$400/year).
Graduates on Nominal Roll: \$500.

Attitude Incentives
For students demonstrating positive behaviour in:
Community events, volunteering & service
School & community involvement

The 3 A's Draw
Students who achieve Attendance, Academics & Attitude will be entered into up to 3 prize draws each year.

How to Achieve
Attendance must be provided to the Education Director at the end of each month. Honor lists will be proved to the Education Director from the Guidance Counsellors. Students are required to complete Community Hours signed and handed in to the Fort Frances High School this form is also required to be sent to the Education Director. Bus expectations are reviewed by the Bus driver.

More Info: hope.mosbeck@montevapds.ca Education Department

Jordan's Principle & the Education Dept. Bring you

STUDY NIGHT

SNACKS | DRINKS

Jan 14
Jan 28
Jan 26-29
Feb 11
Feb 25

Exam week Information to follow

6:00-9:00pm Grades 7-12
in the DRUM ROOM

Come study in a quiet, relaxed space.
Support will be available to assist with any course work!



AATISOOKAANAN

Sacred Stories of the Anishinaabeg

Join us at Kay-Nah-Chi-Wah-Nung
for sharing of legends with local Elders from Treaty 3

Mr Ron Kelly



Onigaming

Jason Jones



Nigigoonsiminikaaning

Edna Morrison



Mitoanigaming

Shirley Atwell



Chima'ogaming



Art Hunter
art.hunter@manitourapids.ca

Rescheduled

February 1st

10am - 3pm

Kay-Nah-Chi-Wah-Nung Historical Centre
340 Ross Rd, Stratton, ON P0W 1N0
(807)483-1163

Sunday
February 1
2026



Kay-Nah-Chi-Wah-Nung Historical Center
presents:

Moonlight Ski

\$15 includes: Equipment rentals,
Trail pass, Hot Chocolate
and Hot Dogs

For more information email:
art.hunter@manitourapids.ca
340 Ross Rd, Stratton, ON P0W 1N0
(807)483-1163

Timeslots
5pm-6:30pm
6:45pm-8pm



PA DAY
Winter
Carnival
January 30 & 31

Join us at Kay-Nah-Chi-Wah-Nung Historical Centre for a day of outdoor adventures!
Enjoy skiing, hockey, s'mores, and smooch!
fun for all ages on the land.

Admission cost

Family of 4	\$40
Single Adult	\$20
Single Child	\$10

Admission is valid for the date of purchase.

For more information please call us at 807.483.1163.



Friday
January 30th
9:30-4pm

Running All Day!

- Skiing and Snowshoeing
- Floor Hockey
- Bum Sledding
- Smooch Races
- Snow Colouring

Bontire with S'mores, Hotdogs & Hot Chocolate



Saturday
January 31st
9:30-4pm

Running All Day!

- Skiing and Snowshoeing
- Bum Sledding
- Snow Colouring
- Snow Sculpture Contest with 1st, 2nd and 3rd place Prizes!

Bontire with S'mores, Hotdogs & Hot Chocolate

Admission cost

Family of 4	\$40
Single Adult	\$20
Single Child	\$10

Your admission gives you all-day access to the activities listed above.
Admission is valid for one day only on the date selected at purchase.

MEMBERSHIP CODE REMINDERS



RRFN MEMBERSHIP CODE AMENDMENTS REMINDER

On May 7th, 2025, the 5 Amendments were voted on by the Members of Rainy River First Nations and all were passed. Thus, when applying for Membership or if you have already applied, please note the following:

STATUS NUMBER

In order to apply to be a Member of Rainy River First Nations, applicants of **all ages must have a status number** issued to them by Indigenous Services Canada.

REMOVAL OF NON-STATUS MEMBERS

Individuals who were on the Membership List that have Full Membership, but **not status**, were **removed from the Membership List** effective May 7th, 2025.

NO CONDITIONAL MEMBERSHIP

Conditional Membership was **removed as a category** of membership from the Membership Code and **Conditional Members** were **removed from the list**.

ADOPTED CHILDREN INELIGIBLE FOR MEMBERSHIP

Adopted Children of RRFN Members are **not eligible** to apply to be Members of RRFN.

NO PROBATIONARY PERIOD

There is **no longer a probationary period** of any length of time once an applicant is approved to be a Member.

PLEASE NOTE

Persons who have applied for themselves or their children without status cards, please send in a copy of your/their status cards. A copy of the letter from Indigenous Services Canada with their Registry Number will also suffice if they have not yet received their status card.

FOR MORE INFO:

Lauren Hyatt: lauren.hyatt@manitourapids.ca
Gwen Medicine: membership@manitourapids.ca

MEMBER PAYOUT

\$7500 PAYOUT ALL RRFN MEMBERS

**THURSDAY FEBRUARY 5, 2026
10AM-6PM @ RRFN Drum Room**

-PAPER CHEQUES ONLY-

-NO EMT-

Cheques not picked up on Feb. 5th
will be mailed out on Friday Feb. 6th

UPDATE YOUR ADDRESS ASAP
if it has changed recently to ensure
you receive your cheque.

membership@manitourapids.ca

-Membership Contact Form Attached-

** Under 18: Money will be placed in Trust**

**Going forward beginning in
July 2027, \$1000 per year
will be paid out to our
Members. This will be in
addition to the Solar Payout.**

MEMBERSHIP CONTACT FORM



Rainy River First Nations Membership Contact Form

***Please ensure that form is filled out completely and accurately**

Full Name:	First	Middle	Last
Mailing Address:	Street	Apt #	P.O. Box
	City/Town	Province/State	Postal Code/Zip Code
Phone:			
Email:			
Membership Number:			Date of Birth: Month Day Year
Dependents: -Full legal names -Date of Birth -17 & under registered with RRFNs			

Consent to share personal contact information with:

RRFNs Special Bulletins <input type="checkbox"/>	RRFNs Elections (Electoral Officers) <input type="checkbox"/>	RRFNs Trust <input type="checkbox"/>
RRFNs Program Information <input type="checkbox"/>	RRFNs Administration Mass Mail-outs <input type="checkbox"/>	
<p>Due to privacy laws, we request that if you would like to have your personal contact information shared (mailing address, phone number and email) with any of the above items, please check all that interest you if you would like to receive information or mail-outs. Please sign and date.</p>		
Full Legal Name (Print)	Signature	Date

When completed, please put in a sealed envelope marked confidential, addressed to Membership Registrar and mail to:

Rainy River First Nations, P.O. Box 450, Emo, Ontario P0W 1E0

Or email to: Membership@manitou Rapids.ca

Note: for those who email the form with checked boxes, your consent will be presumed with the email being your digital signature.

Or Drop off at the Main Administration Building, 6 Manitou Rapids Drive, RRFN

Please keep your contact information current. As information changes, please let us know as soon as possible.

BOARDING HOME CLASS ACTION



RRFN COMMUNITY MEMBERS

Boarding Home Program (Class Action)
Provides compensation to people placed in
private Boarding Homes who were removed from
RRFNs community from the period September 1,
1951, and June 30, 1992, for the purpose of
attending school.

For people who were alive after July 2016 or
people who represent the estate of someone who
met the criteria and has passed away.

For anyone needing information, assistance with
filling in the forms, and support

Please contact:

Ryler (Bear) White-Kaysaywaysemat
I.R.S. Support Worker

Grand Council Treaty #3

Phone: (807) 271-5448

Email: ryler.kaysaywaysemat@treaty3.ca

COMMUNITY CARE PROGRAM

RAINY RIVER FIRST NATIONS COMMUNITY CARE PROGRAM

We are looking for **FULL-TIME
CAREGIVERS/FOSTER PARENTS** and **RESPIRE
HOMES** that...



- ✓ Able and willing to provide a loving, stable home for Anishinaabe children and be open to learning the Culture and Traditions.
- ✓ Have good problem-solving skills, child management skills, patience, compassion, sensitivity towards cultural needs, and an ability to work well as part of a team.

If you would like more information on becoming a Caregiver/Foster Parent, please call the Alternative Care Coordinator, Michelle Loveday, at (807)271-5452 or (807)482-2479 ext. 278

**Make a difference in a child's life,
become an Alternative Caregiver**

RAINY RIVER FIRST NATIONS COMMUNITY CARE PROGRAM



**RAINY RIVER FIRST NATIONS COMMUNITY
CARE PROGRAM IS LOOKING FOR COMMUNITY
MEMBERS TO PROVIDE PLACEMENTS
EMERGENCY PLACEMENTS FOR MULTIPLE
CHILDREN IN CARE.**

**WE ARE DESPERATELY ASKING FOR YOUR
HELP IN PROVIDING A SAFE AND LOVING
HOME FOR THE CHILDREN AND TO KEEP THE
CHILDREN IN OUR COMMUNITY.**

**LET'S WORK TOGETHER AS A COMMUNITY TO
KEEP OUR CHILDREN SAFE.**

**IF YOU ARE ABLE TO HELP, PLEASE CALL ME,
MICHELLE LOVEDAY, AT 807-482-2479 EXT.
278 OR 807-271-5452.**

MIIGWECH!

YOUR HELP IS GREATLY APPRECIATED!

MINO-BIMAADIZIWIN FAMILY WELLNESS & CULTURAL STRENGTHENING PROGRAM

Culturally grounded. Community-led. Family Focused.

Through cultural teachings, family gatherings, youth programs & knowledge sharing, we create a circle of safety & belonging for RRFN Families. For all Members, on and off Community.

If you would like more information or are interested in signing up for this program, please contact Anne by **FRIDAY FEB. 6:**

807-482-2479 ext. 258

ann.hiller@manitourapids.ca

HEALTH AND WELLNESS



REMINDER FOR LONG DISTANCE MEDICAL APPOINTMENTS

Please submit your appointment information to either Juanita or Laura at least **two weeks** prior to your appointment. This is a requirement from NIHB.

Any appointments received on short notice cannot be guaranteed to have any arrangements secured or a travel cheque issued to help with travel costs.

Also, please remember to bring the Confirmation of Attendance form and have it signed by the specialist. We need these to submit to ISC for reimbursement of the cash advance provided to our clients.

Thank you for your cooperation!

Juanita Hunter-Connon, Health Director

Immunization Walk-In Clinic FLU, COVID-19 & RSV VACCINES NOW AVAILABLE

RAINY RIVER FIRST NATIONS

Drop in clinics to receive Flu, COVID-19 and RSV immunizations are now available at the Health Office

**MONDAYS
&
WEDNESDAYS**
9:30AM - 2 PM

For more information contact
Heather- Community Health Nurse
hsinclair@fftahs.org
807-271-1358 (text)



GIISHKAANDAGO'IKWE
HEALTH SERVICES

HEALTHY LIVING FOOD BOX

ORDERING OPTIONS

Due 1st Wednesday of the month

Online

You can now submit your order via our online form!

**ORDER FORM &
EMT REQUIRED**

COST - \$25 via EMT

In-Person

- At GHAC (1460 Idylwild Dr) on the 1st Wednesday of each month
9:00 AM - 4:00 PM | \$25 Cash

- At 714 Armit Avenue during Food Box pick up (3rd Wednesday of each month)
12:00-4:00 PM | \$25 Cash

BOX PICK UP

Every 3rd Wednesday of the month
12:00 - 4:00 PM

**Metis Hall
714 Armit Avenue**



NURSE PRACTITIONER (NP) VISIT

FEBRUARY 12, 2026

BEGINNING AT 10:30 AM

Appointments will be first come, first serve and will take approximately 1/2 hour.

You will need to bring all your medications, including over the counter prescriptions, status card and OHIP card.

Please, call Juanita at 482-2479 ext. 232 to book an appointment.

ZIIBI ANISHINAABE INVESTMENTS

ZIIBI ANISHINAABE INVESTMENTS INC. Manitou Community Holdings Trustees (MCHT)



We want to hear from you.

Your insights are essential in guiding investments that truly benefit Rainy River First Nations (RRFN). Below are program areas and initiatives where the MCHT Trustees can provide funding to support the well-being and future of the Beneficiary.

We invite you to share what matters most to you – and how you envision these programs or initiatives being delivered in a way that reflects the needs and values of the community.

- Social programs;
- Housing programs;
- Justice initiatives;
- Education, including scholarships and bursaries for post-secondary education, and education facilities;
- The development and operation of recreational facilities;
- Elder and youth programs;
- To assist in improving the situation of women in the community by addressing issues relating to violence against women
- Cultural, spiritual and language development and retention;
- The development and maintenance of community infrastructure;
- Health initiatives, and
- Any other charitable purpose

Please email or discuss your suggestions with any of the MCHT Trustees. Thank you

Trevor Pilatzke – trevor.pilatzke@ziibicorp.com

Bruce Wilson – bruce.wilson@ziibicorp.com

Krystal Beel – krystal.beel@ziibicorp.com