



THE RAPIDS REVIEW

VOL. 1 ISSUE 7 SEPTEMBER 19-2025

Costumes & Corn Mazes: Flannel & Fires

“There is no better time than Autumn to begin forgetting the things that trouble us, allowing them to fall away like dried leaves”. Just a reminder that if you have anything that you would like included in the Newsletter, please email lauren.hyatt@manitourapids.ca.



SIoux WARRIOR CEREMONY

DATE	TIME	LOCATION
OCTOBER 4, 2025	10AM	RRFN Administration Office Drum Room

Members are invited to attend a traditional ceremony to be held in honour and respect of the Sioux Warriors who rest within our community.

This ceremony is to be completed every four years, and will be conducted under the guidance and direction of Albert Hunter Jr., Murray Bombay, and Jim Leonard, with the presence of Ilwaanidewe-igan.

Members are asked to bring a cloth offering, food dish and tobacco on behalf of their household.

For More Information

Marcel Medicine Hunter - (807) 271-1922 (Call/Text) marcelmedicinehunter@manitourapids.ca

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FAMILY MOVIE NIGHT
CINE 5 I-FALLS
Limited Rides Available if Needed.
Contact Katie.

30 Spots Available. Sign up with Katie

SEPT. 23RD - 5:30 PM
Meet at McDonalds in Fort Frances



Please Join us for

Ziibi's 2025 Annual Community Update

When: September 24, 2025
5-7 PM
Where: Drum Room

Event to be Catered
Enter to win door prizes

Teams Meeting ID: 213 435 076 336 5
Passcode: R6gB6SJ2



Rainy River First Nations



Community Meet & Greet

September 25th, 2025
4:00pm-6:00pm
Venue:
Dineen Rooms at RRFN office
Please register as we have limited space!
RSVP:
amber.vanasse@manitourapids.ca
PH: 807-482-2479

Welcome Our New Jordan's Principle Coordinator, and learn about the new Jordan's Principle regulations that support our children and families!

Pizza, beverages & fruit tray
Short introduction & speech
Brochures, posters & community updates
Take-home family art activity
Free gift for each family
Door Prize!



REGALIA MAKING WORKSHOP FOR YOUTH (0-18)!

PARENTS, PLEASE JOIN US TO HELP CREATE REGALIA FOR YOUR LITTLE ONES
CHILDREN UNDER 12 NEED PARENTAL SUPERVISION

NOTE: AT THIS WORKSHOP, WE'LL BE FOCUSING ON ACCESSORIES
BOYS: HEADBANDS & CUFFS
GIRLS: HAIR ACCESSORIES

4:00PM TO 6:00PM
MONDAY EVENINGS STARTING OCTOBER 6TH
RUNNING UNTIL DECEMBER 1ST
RAINY RIVER FIRST NATIONS OFFICE (DRUM ROOM)
LIMITED SPACE PLEASE RSVP:
E: amber.vanasse@manitourapids.ca
PH: 807-482-2479 ext.239
Refreshments provided!

INSTRUCTOR DANICA MEDICINE



Rainy River First Nations Orange Shirt Day Awareness Walk Planning Meetings

The RRFN Indian Residential School Survivors Working Group is inviting interested Members to attend **Planning Meetings** in preparation for the annual Orange Shirt Day Awareness Walk on September 30, 2025.

PLANNING MEETING SCHEDULE

Times: 10:00AM
Location: Trust Office

Tuesday – September 9
Tuesday – September 16
Tuesday – September 23

The True Spirit Cannot Be Broken... This History Belongs to Us All.

For Information:
Marcel Medicine Horton . (807) 271-1922 . marcelmedicinehorton@gmail.com

Treaty #3 Indian Residential School Survivors Gathering



October 15 & 16, 2025
Best Western Plus NorWester Hotel & Conference Centre
2050 Hwy 61, Thunder Bay, ON

This gathering is open to all Treaty #3 Indian Residential School (IRS) survivors, including those who attended Cecilia Jeffery, McIntosh, Pelican Falls, St. Mary's, or St. Margaret's Residential Schools.

The gathering will include updates from each of the school search initiatives, healing activities, and live entertainment featuring comedian Don Burnstick! Thunder Mountain Drum will be present, Elder Josephine Arveler will be leading traditional protocols, and Jeremy Jordan will be facilitating the event.

Scan QR Code or contact Bobbie Layle to register today!
Phone: 807-276-2044 | Email: bobbie.layle@treaty3.ca

Travel and honouraria will be provided. Accommodations will be provided for participants traveling over 100 km to attend. Funds will be distributed shortly after the event.

FOOD | COMMUNITY | LIVE ENTERTAINMENT

MEN'S DRUMMING



SEPTEMBER 9TH & SEPTEMBER 23RD
6:00 - 8:00 PM

Behavioural Health Services
601 Kings Highway

For more information contact:
Dwayne: (807) 274-2042 ext. 4223



GIISHKAANDAGO'IKWE
HEALTH SERVICES

WOMEN'S HAND DRUMMING



Behavioural Health Services
601 Kings Highway

6:00PM - 8:00PM

For more information, please contact Tracy:
(807) 274-2042 ext. 4249
tkabatay@fftahs.org

September 15th & September 29th



GIISHKAANDAGO'IKWE
HEALTH SERVICES



DIY BEADED ACCESSORIES

Come out and learn to make your own beaded accessories!

EVERY TUESDAY & THURSDAY

5:00PM-7:00PM
East End Hall

10 Spots available
Message Irene Hunter on Facebook Messenger to sign up



SAVE THE DATE

Additional Details to Come

OCTOBER 3, 2025

THE HISTORY OF TREATY N^o.3 *Knowledge Sharing*

MANIDOO BAAWITIGONG, MANIDOO AKI
RAINY RIVER FIRST NATIONS

ADMINISTRATION OFFICE – DRUM ROOM
8:30AM – 1:00PM

Sharing & Discussions
Guest Speaker: Albert Hunter Jr.

- Historical Perspectives
- Treaty #3: Contents
- Impacts: Past & Present

Door Prizes!
Youth & Adult

For More Information: Marcel Medicine Horton
Call/Text: (807) 271-1922 / Email: Marcelmedicinehorton@manitou Rapids.ca



Join us for Fall Ceremony

Thursday, October 9th
11:00am-1:00pm

Mizhikilbinens O'wili' aam
(the Roundhouse)

Lunch will be Provided

Please RSVP by October 1st

Sherry Sinclair
sherry.sindair@newgold.com
807-456-1783

newgold



P.A.L. COURSE

October 4th & 5th - 8:00AM to 4:30 PM
308 Butler Ave, Fort Frances

The P.A.L. (Possession and Acquisition License) course in Ontario is a mandatory program for individuals seeking to legally possess and acquire firearms in the province. It covers firearm safety, handling, and Canadian firearm laws. Successful completion of the course is required to obtain a firearms license in Canada.

Contact: landbased@gizhac.com

12 seats available | Must be 12+ to participate
Participants under 18 must be signed in by a parent/guardian
A light lunch will be served

 GIZHACWIN
Health Access Centre

www.gizhac.com



RRFN ADDICTIONS OUTREACH

Food & Refreshments

Harm Reduction Supplies & Services

Community & External Resources

Referrals & Treatment Options

Open & Confidential Discussions

Contact Lois Bradley
807-271-0065
lois.bradley@manitourapids.ca



Rainy River First Nations
MANITOU RAPIDS



RRFN ADDICTIONS TEAM ARE
HOSTING OPEN & FREE BBQ'S



11AM-3PM

FOR MORE INFO CONTACT:

LOIS BRADLEY 807-482-2479 EXT. 266 OR 807-271-0065

HOT DOGS. BURGERS. CHIPS

AUGUST 28TH (MANIDOO BAAWITIGONG)
SEPTEMBER 4TH & 11TH (FAMILY CENTRE FF)
SEPTEMBER 18TH & 25TH (MANIDOO BAAWITIGONG)



Rainy River First Nations
MANITOU RAPIDS

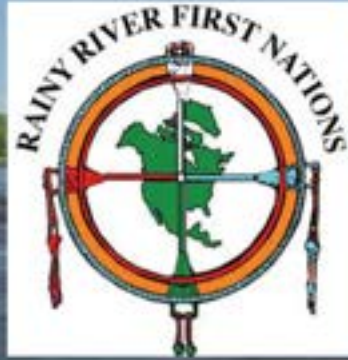
ADDICTIONS SUPPORT

RECOVERY MEETING

FRIDAYS 6:00 - 7:00 PM
EAST END HALL
MANIDOO BAAWITIGONG

FOR MORE INFO CONTACT JAYMEL
807-482-2479 EXT 261
JAYMEL.EISEL@MANITOURAPIDS.CA

FAMILY HEALING PROGRAM



Addiction Affects the Whole Family

When addiction touches a family, the impact extends far beyond the individual using substances. Loved ones often carry heavy burdens—worry, stress, sleepless nights, and emotional pain—while their own needs can go unnoticed.

Our 3-Day Family Program is designed to support families navigating these challenges. Over the course of the program, you will gain a deeper understanding of addiction as a disease, its effects on you and your loved one, and discover practical strategies to support your own healing.

KEY TOPICS

- The disease of addiction
- Understanding maladaptive behaviors
- Family roles and the system
- Enabling - fixing vs helping
- Introduction to the 12-step program
- Relapse prevention
- Emotional triggers
- Communication
- Boundaries
- Self compassion

LOCATION

RRFN BAND OFFICE
DRUM ROOM

PROGRAM DATES

NOVEMBER 14 - 16, 2025

CHOOSE BETWEEN:

GROUP 1 - MORNING
9:00 AM - 1:00 PM

GROUP 2 - AFTERNOON
2:00 PM - 6:00 PM

For registration and more information, please contact:

Jim, Lois or Adam
(807) 482-2479

jim.mcmahon@manitourapids.ca

lois.bradley@manitourapids.ca

adam.ali@manitourapids.ca



EMPLOYMENT OPPORTUNITIES



Rainy River First Nations MANITOU RAPIDS

Current Opportunities:

- Overall Responsible Operator
- Claims Implementation Coordinator
- CCP On-Call Worker
- Child In Care Worker
- Early Intervention and Aftercare Worker

JOIN OUR TEAM

Send your cover letter and resume to:

hr@manitourapids.ca

For more information please visit our
website: www.rainyriverfirstnations.com



RRFN LANDS & RESOURCES COMMITTEE

The RRFN Lands Department is seeking Expressions of Interest from Members who would like to be appointed to the RRFN Lands & Resources Committee

What is the Lands & Resources Committee? The RRFN Lands & Resources Committee is an advisory committee that assists with the implementation of the *Rainy River First Nations Land Code*. Some of the responsibilities of Committee Members include researching and recommending land laws, resolutions, policies and practices respecting RRFN lands and resources to Council, facilitating communication between Members, staff and Council, assisting with annual reporting to Members, and other tasks associated with land administration and management.

We are seeking a minimum of 3 (three) full Members of RRFN, residing on or off-reserve, who fit the following eligibility criteria:

- Must be an eligible voter of RRFN
- Available to participate in RRFN Lands & Resources Committee meetings (at least quarterly; ToR and meeting schedule to be set by the Committee)
- Knowledge of RRFN community and land/resource issues
- Collaborative, team player, positive, solution-oriented

To apply, please submit an Expression of Interest application form that can be requested from Nicole Cochrane, Land & Natural Resources Manager – nicole.cochrane@manitourapids.ca or (807)482-2479, ext. 235. If you have any questions, please direct them to Nicole by email.

Expression of Interest Deadline: October 31, 2025

NOTICE: PROPOSAL & PUBLIC MEETING

Notice of Proposal and Public Meeting

To be held by CarbonFree Rainy River Ltd. regarding a Proposal
to Engage in a Renewable Energy Project

Project Name: CarbonFree Rainy River Project

IESO Reference Number: Not yet available

Project Location: Township of Chapple in the District of Rainy River, Ontario.

Dated at Thunder Bay this the 20th of August 2025

CarbonFree Rainy River Ltd. is planning to engage in a renewable energy project in respect of which the issuance of a Renewable Energy Approval is required. The proposal to engage in the project, distribution of this notice, and the project itself are subject to the provisions of the *Environmental Protection Act* (Act) Part V.0.1 and Ontario Regulation 359/09 (Regulation). This notice must be distributed in accordance with Section 15 of the Regulation prior to an application being submitted and assessed for completeness by the Ministry of the Environment, Conservation and Parks.

Meeting Location:

Date: Tuesday, September 23, 2025

Time: 6:00 pm

Place: Barwick Community Hall,
140 Main St., Barwick, Ontario

Project Description:

The CarbonFree Rainy River Project is a renewable energy generating facility which will use solar photovoltaic (PV) technology to generate electricity. Pursuant to the Act and Regulation, the Project is a Class 3 solar facility project. If approved, this facility would have a total maximum name plate capacity of up to 50 MW. Electricity generated by solar PV panels will be converted from direct current (DC) to alternating current (AC) by inverters and then stepped-up (via pad-mounted inverters, medium voltage transformers and a main substation transformer) to 115 kilovolts (kV) prior to being connected to the existing Hydro One Networks Inc. (HONI) transmission line. The project location is shown on the map at right.



Documents for Public Inspection:

The Draft Project Description Report titled *CarbonFree Rainy River Project Draft Project Description Report* describes the project as a renewable energy generation facility which will use solar PV technology to generate electricity. A copy of the *CarbonFree Rainy River Project Draft Project Description Report* was made available for public inspection on August 20, 2025 at <https://carbonfreerainyriver.com>.

Project Contacts and Information:

To learn more about the project proposal, public meetings, or to communicate concerns please contact:

Doug Deeks
Vice President – Projects
CarbonFree
1 St Clair Ave W#801, Toronto ON
Tel: 647-408-9680
Email: ddeeks@carbonfree.com

Shanley Thompson
Environmental Scientist
Hatch Ltd.
973 Balmoral St, Thunder Bay ON
Tel: 807-625-8731
Email: shanley.thompson@hatch.com



**WE
WERE
TAUGHT
DIFFERENTLY**

Traditional Opening
July 26th at 1pm.

Exhibit open July 26th -
October 12th At the Mounds!

muse
the
Douglas Family Art Centre

Questions?
Give us a call at 807.483.1163

Organized and circulated by
The Muse, Douglas Family Art Centre



Calling all weavers!
We're putting together a
micro-exhibit showcasing
woven baskets,
running October 15-31.

If you'd like to share your work and
the story behind it, we'd love to
include it! Please submit images of
your baskets for consideration.

Email submission to
jessie.richard@manitourapids.ca



Every purchase you make in our Gift Shop
enters you into a draw to win some amazing
prizes!

Starting September 3rd to September 30th,
and the winner will be drawn October 1st!
Leave your email address to join our email list
and enjoy an extra entry!



Dagwaagin
It is Fall

Our new Fall Hours
Wednesday to Sunday 9am - 4pm

COMMUNITY CARE PROGRAM

RAINY RIVER FIRST NATIONS COMMUNITY CARE PROGRAM

We are looking for **FULL-TIME
CAREGIVERS/FOSTER PARENTS** and **RESPITE
HOMES** that...



- ✓ Able and willing to provide a loving, stable home for Anishinaabe children and be open to learning the Culture and Traditions.
- ✓ Have good problem-solving skills, child management skills, patience, compassion, sensitivity towards cultural needs, and an ability to work well as part of a team.

If you would like more information on becoming a Caregiver/Foster Parent, please call the Alternative Care Coordinator, Michelle Loveday, at (807)271-5452 or (807)482-2479 ext. 278

**Make a difference in a child's life,
become an Alternative Caregiver**



RAINY RIVER FIRST NATIONS COMMUNITY CARE PROGRAM

**RAINY RIVER FIRST NATIONS COMMUNITY
CARE PROGRAM IS LOOKING FOR CAREGIVERS
TO PROVIDE PLACEMENTS FOR 5 CHILDREN IN
CARE.**

**WE ARE DESPERATELY ASKING FOR YOUR
HELP IN PROVIDING A SAFE AND LOVING HOME
FOR THE CHILDREN.**

**IF YOU ARE INTERESTED IN CARING FOR 1 OR
2 CHILDREN OR HAVE QUESTIONS, PLEASE
CONTACT;**

**MICHELLE LOVEDAY, AT 807-482-2479 EXT.
278 OR 807-271-5452**

OR

**ANN HILLER, AT 807-482-2479 EXT. 258 OR
807-271-0481.**

MIIGWETCH!



YOUR HELP IS GREATLY APPRECIATED!





REMINDER FOR LONG DISTANCE MEDICAL APPOINTMENTS

Please submit your appointment information to either Juanita or Laura at least **two weeks** prior to your appointment. This is a requirement from NIHB.

Any appointments received on short notice cannot be guaranteed to have any arrangements secured or a travel cheque issued to help with travel costs.

Also, please remember to bring the Confirmation of Attendance form and have it signed by the specialist. We need these to submit to ISC for reimbursement of the cash advance provided to our clients.

Thank you for your cooperation!

Juanita Hunter-Connon, Health Director



GIZHEWAADIZIWIN
Health Access Centre

Saturday, September 20th
8:30am - 4:30 pm

Men's **HEALTH EXPO**

*Attendance Draws!
Must be present to win!*

Couchiching Multi-Use

KEYNOTE SPEAKERS:

Dr. Suartz-Men's Prostate Health & Awareness
Pebaamibines-Traditional Medicine & Wellness
Derek Kelly-Colon Cancer Survivor
Ed Atatise-Mental Health & Addictions

ATTENDANCE PRIZES INCLUDE:

- 2 tickets to see Edmonton Oilers vs Winnipeg Jets
- 2 tickets to see Toronto Maple Leafs vs Winnipeg Jets
- Crossbows
- Hunting equipment
- Hoodies&jackets
- Jerky & Seasoning spice kits & sausage making kits



Fall shows
us how
Beautiful it is
to let things
go



SOLAR PAYMENTS

To: Rainy River First Nations Members

The next Solar Payments date has been set for **December 4, 2025**. For a smooth payments process and to make sure Solar Payments are processed without any issues, please note the following important information.

Preparation for December 4, 2025, Solar Payments:

1. If there has been a change in address from July 1, 2025, please confirm the new address by **November 14, 2025**. A copy of the Membership Contact Form is attached and can also be accessed on the RRFNs Website <https://rainyriverfirstnations.com>

2. If there is an address change and have not submitted an updated Membership Contact Form the cheques will be mailed to the address on file. Please email the Membership Contact form to: membership@manitourapids.ca

Includes everyone living in Canada or the United States.

3. For Members who prefer to have their payments by EFT, please forward a copy of Direct Deposit Form or Void Cheque to: membership@manitourapids.ca The Forms can be accessed through online banking.

The cheques will be mailed December 5, 2025, to both Canada and US residents.

EFT will be deposited for Canadian residents December 5, 2025.

Please note: EFT (Direct Deposit) not available for US banks

Address changes cannot be accepted over the phone; the Membership Contact Form is required to be filled in completely and accurately and email to:

membership@manitourapids.ca

If there are any questions or concerns, please contact:
the Membership Registrar at 807-482-2479 ex 268.

Or by email: membership@manitourapids.ca

Thank you and your cooperation is appreciated.

MEMBERSHIP CONTACT FORM



Rainy River First Nations Membership Contact Form

***Please ensure that form is filled out completely and accurately**

Full Name:	First	Middle	Last
Mailing Address:	Street	Apt #	P.O. Box
	City/Town	Province/State	Postal Code/Zip Code
Phone:			
Email:			
Membership Number:	Date of Birth:		
	Month Day Year		
Dependents: -Full legal names -Date of Birth -17 & under registered with RRFNs			

Consent to share personal contact information with:

RRFNs Special Bulletins ☐	RRFNs Elections (Electoral Officers) ☐	RRFNs Trust ☐
RRFNs Program Information ☐	RRFNs Administration Mass Mail-outs ☐	
Due to privacy laws, we request that if you would like to have your personal contact information shared (mailing address, phone number and email) with any of the above items, please check all that interest you if you would like to receive information or mail-outs. Please sign and date.		
Full Legal Name (Print)	Signature	Date

When completed, please put in a sealed envelope marked confidential, addressed to Membership Registrar and mail to:

Rainy River First Nations, P.O. Box 450, Emo, Ontario POW 1E0

Or email to: Membership@manitourapids.ca

Note: for those who email the form with checked boxes, your consent will be presumed with the email being your digital signature.

Or Drop off at the Main Administration Building, 6 Manitou Rapids Drive, RRFN

Please keep your contact information current. As information changes, please let us know as soon as possible.

NOTICE OF NOMINATION

NOTICE OF NOMINATION DAY

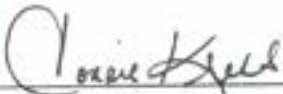
Notice is hereby given that a meeting of the Electors of the Rainy River First Nations will be held at the Rainy River First Nations Drum Room on **MONDAY, THE 29TH DAY OF SEPTEMBER, 2025**. Beginning at **4:00 P.M. UNTIL 8:00 P.M.**, for the purposes of nominating candidates for the positions of **ONE CHIEF AND FIVE COUNCILLOR POSITIONS**. The **ELECTION** will be held at the Rainy River First Nations Drum Room on **THURSDAY, THE 13TH DAY OF NOVEMBER, 2025**.

To nominate or second a candidate, an elector must be at least 18 years old and be on the Electoral List. An individual may nominate or second a candidate:

- a) orally before the Electoral Officer on Nomination Day, during the period set out above, or;
- b) by delivering or mailing a written nomination and signed elector declaration form to the Electoral Officer, before the end of the period set out above. Mailed nominations that are not received by the Electoral Officer before the end of the time period specified above are void.

Note:

- 1) A copy of the Rainy River First Nations Custom Election Code can be found at the Band Office or on the website.
- 2) A copy of the Electors List is posted at the Band Office.
- 3) At least 30 days before the Nomination Day, a notice shall be posted in the Band Office and a notice mailed to every elector who does not reside on the reserve and for whom the Electoral Officer has been provided an address, along with a nomination form and an elector declaration form.


CONNIE KRESS
ELECTORAL OFFICER
Phone: (807) 274-8531
Cell: (807) 275-6184
P.O. Box 278, Fort Frances, ON P9A 3M6