



THE RAPIDS REVIEW

VOL. 1 ISSUE 8 OCTOBER 3RD-2025



October brings Fall

The Fall Weather, Harvests, Feasts & Halloween are finally in sight! Join in where & when you can! Just a reminder that if you have anything that you would like included in the Newsletter, please email lauren.hyatt@manitourapids.ca.



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SIoux WARRIOR CEREMONY

DATE	TIME	LOCATION
OCTOBER 4, 2025	10AM	RRFN Administration Office Drum Room

Members are invited to attend a traditional ceremony to be held in honour and respect of the Sioux Warriors who rest within our community.

This ceremony is to be completed every four years, and will be conducted under the guidance and direction of Albert Hunter Jr., Murray Bombay, and Jim Leonard, with the presence of Bwaanidewe-igan.

Members are asked to bring a cloth offering, food dish and tobacco on behalf of their household.

For More Information
Manitowishish Home - (807) 275-1922 (Call/Txt) - manitowishishhome@manitowishish.ca

\$20 LUCKY DRAW VOLLEYBALL TOURNAMENT



SATURDAY OCTOBER 4

AGES 15+

DOORS OPEN AT 1:30
DRAW STARTS AT 2:00

RRFN GYMNASIUM

CASH ONLY, NO EMT'S



DIISHKAANDAGO IKWE
Children's First Initiative
Children's and Youth Initiative

RRFN BOO BASH

JOIN US FOR PD DAY FUN!
HALLOWEEN THEMED GAMES, COOKIE DECORATING & ACTIVITIES. LUNCH WILL BE PROVIDED FOR PARTICIPANTS
LET'S HAVE A SPOOKTACULAR TIME!

OCTOBER 20TH 2025
11:30 AM - 2:00 PM
AT THE RRFN DRUM ROOM

For more information contact: Rekha Kasana at rekha.kasana@manitowishish.ca



RRFN COMMUNITY HALLOWEEN PARTY

OCTOBER 22
5:00PM

Costume categories: Cutest, Funniest, Scariest, Best homemade & Most original/creative and Group/family.

HALLOWEEN YARD JUDGING WILL HAPPEN DURING THE WEEK OF OCTOBER 27
WINNERS WILL BE ANNOUNCED AND CONTACTED THE FOLLOWING DAYS.



Healing Traditions

Knowledge Exchange to Honour and Recognize Anishinaabe Elders and Healers

DATES
October 27 & 28, 2025
(Travel Dates Oct. 26 & 29)

LOCATION & TIME
Clarion Lakeside Inn
Rosenwood Room, 8:30 - 4:30 PM

CONTACT
Accommodations and registration questions:
naryn.cowley@treaty3.ca
1-877-488-5638 ext. 508

Join us to provide guidance for framework with Treaty #3 Elder protocols and guidelines!

WHO IS ELIGIBLE?

- Treaty #3 Community Elders
- Treaty #3 Traditional Healers
- Treaty #3 Knowledge Keepers

*Cost covered for 2 Elders/Knowledge Keepers per Treaty #3 community

*Late registrants will receive a delay in reimbursements

BREAKFAST, LUNCH, & SNACKS PROVIDED EACH DAY AT CLARION LAKESIDE INN - DINNER & BINGO ON OCT. 27 AT CLARION LAKESIDE INN

Scan to Register!

REGISTRATION DEADLINE - OCT. 8



Treaty #3 Indian Residential School Survivors Gathering

October 15 & 16, 2025
Best Western Plus NorWester Hotel & Conference Centre
2050 Hwy 61, Thunder Bay, ON

This gathering is open to all Treaty #3 Indian Residential School (IRS) survivors, including those who attended Cecilia Jeffery, Microssh, Pelican Falls, St. Mary's, or St. Marguerite Residential Schools.

The gathering will include updates from each of the school search initiatives, healing activities, and live entertainment featuring comedian Don Barnstick! Thunder Mountain Drum will be present, Elder Josephine Arveler will be leading traditional protocols, and Jeremy Jordan will be facilitating the event.

Scan QR Code or contact Bobbie Layle to register today!
Phone: 807-276-2044 | Email: bobbie.layle@treaty3.ca

Travel and honoraria will be provided. Accommodations will be provided for participants traveling over 100 km to attend. Funds will be distributed shortly after the event.

FOOD | COMMUNITY | LIVE ENTERTAINMENT



ALL GIRLS GATHERING

Empower. Connect. Grow.

KEYNOTE SPEAKERS

CST. Tammy Dodginghorse of TSuut'ina Nation Police

Emma Morrison 'Miss World Canada'

Isobel White

DRYDEN - THE CENTRE - OCTOBER 28
FORT FRANCES - LA PLAGE RENDEZ-VOUS - OCTOBER 29
KENORA - CLARION LAKESIDE INN - OCTOBER 30TH

SCAN QR CODE FOR REGISTRATION **FORM!**

INFORMATION BOOTHS SWAG BAGS NUTRITION PROVIDED



OPEN SKATING

Sponsored by New Gold

When: Thursday Evenings October 9th Until March
5:00pm-6:00pm
Where: Emo Arena
Who: Public



**LITTLE EXPLORERS
PLAY GROUP**
RAINY RIVER FIRST NATIONS

JOIN US FOR:
Parents and infants
0-18 months are
welcome to join us
for songs, sensory
play, social
interaction and
more!

FOR MORE INFORMATION PLEASE
CONTACT KATIE SADEWASSER AT
KATIE.SADEWASSER@MANITOURAPIDS.CA

**OCTOBER
2ND & 16TH**
10:00 AM - 12:00 PM
AT THE RRFN DRUM
ROOM

 **GIISHKAANDAGO'IKWE**
HEALTH SERVICES



Not everything should be for sale.

**HUMAN RIGHTS?
PRICELESS!**

The Fort Frances and Area
Human Trafficking Coalition
has proudly partnered with the
Global Freedom Summit for a
Private Screening of their
impactful movie.

 **METIS HALL 714 ARMIT AVE**
OCTOBER 14, 2025
7 PM
\$10+TAX ADVANCE TICKETS
\$15+TAX AT THE DOOR
**REFRESHMENTS AVAILABLE FOR
PURCHASE**

For more information or to order tickets,
Email: 418humantraffickingcoalition@gmail.com
Phone: 1-807-346-1161





*Join us for Fall
Ceremony*

Thursday, October 9th
11:00am-1:00pm
Mizizikibinens O'wilgi'aam
(the Roundhouse)
Lunch will be Provided
Please RSVP by October 1st

Sherry Sinclair
sherry.sinclair@newgold.com
807-456-1783

newgold



NEW ANIMAL CONTROL OFFICER

WELCOME DAKOTA MEDICINE!

Rainy River First Nations is pleased to welcome Dakota Medicine as our new Animal Control Officer. Dakota will be working closely with community members to help keep our pets, families, and neighbourhoods safe.

As part of this role, Dakota will also be supporting the enforcement of our animal by-laws, which are in place to ensure the well-being of both people and animals in our community. These by-laws help us all live together in a respectful and safe way.

Please join us in giving Dakota a warm welcome as they begin this important work in our community!

A copy of the Animal Control By Law is available at the Administration Office or on The Rainy River First Nations Website.

CONTACT DAKOTA AT: 807-271-4358

Addictions Department

Community Engagement Session

We want your feedback & ideas

10

OCT.

2025

DRUM ROOM
MANIDOO BAAWITIGONG

Contact Adam or Lois for more information
807-482-2479 ext. 261 or 266

RRFN ADDICTIONS OUTREACH

Refreshments

Harm Reduction Supplies & Services

Community & External Resources

Referrals & Treatment Options

Open & Confidential Discussions

Monday October 6th, 13th, 20th & 27th

Ziibi Building

516 Portage Ave. Fort Frances

11AM 2PM

Wednesday October 8th : RRFN Drum Room

Contact Lois Bradley

807-271-0065

lois.bradley@manitourapids.ca

Rainy River First Nations
MANIDOO RAPIDS

ADDICTIONS SUPPORT

AA & NA MEETINGS

THURSDAYS 6-7PM
@ EAST END HALL

OCTOBER 9: NA

OCTOBER 16: AA

OCTOBER 23: NA

OCTOBER 30: AA

MORE INFORMATION:

Adam @ 807-482-2479 ext. 261 or
adam.agg@manitourapids.ca

Rainy River First Nations
MANIDOO RAPIDS

SHARING CIRCLES

TUESDAYS | 6:00 - 8:00 PM
TRANSITIONAL HOUSE
HWY 11/71
MANIDOO BAAWITIGONG

FOR MORE INFO CONTACT ADAM
807-482-2479 EXT. 261
ADAM.AGG@MANITOURAPIDS.CA

RAAM

RAPID ACCESS ADDICTION
MEDICATION

PRESENTATION

OCTOBER 15

2:00PM

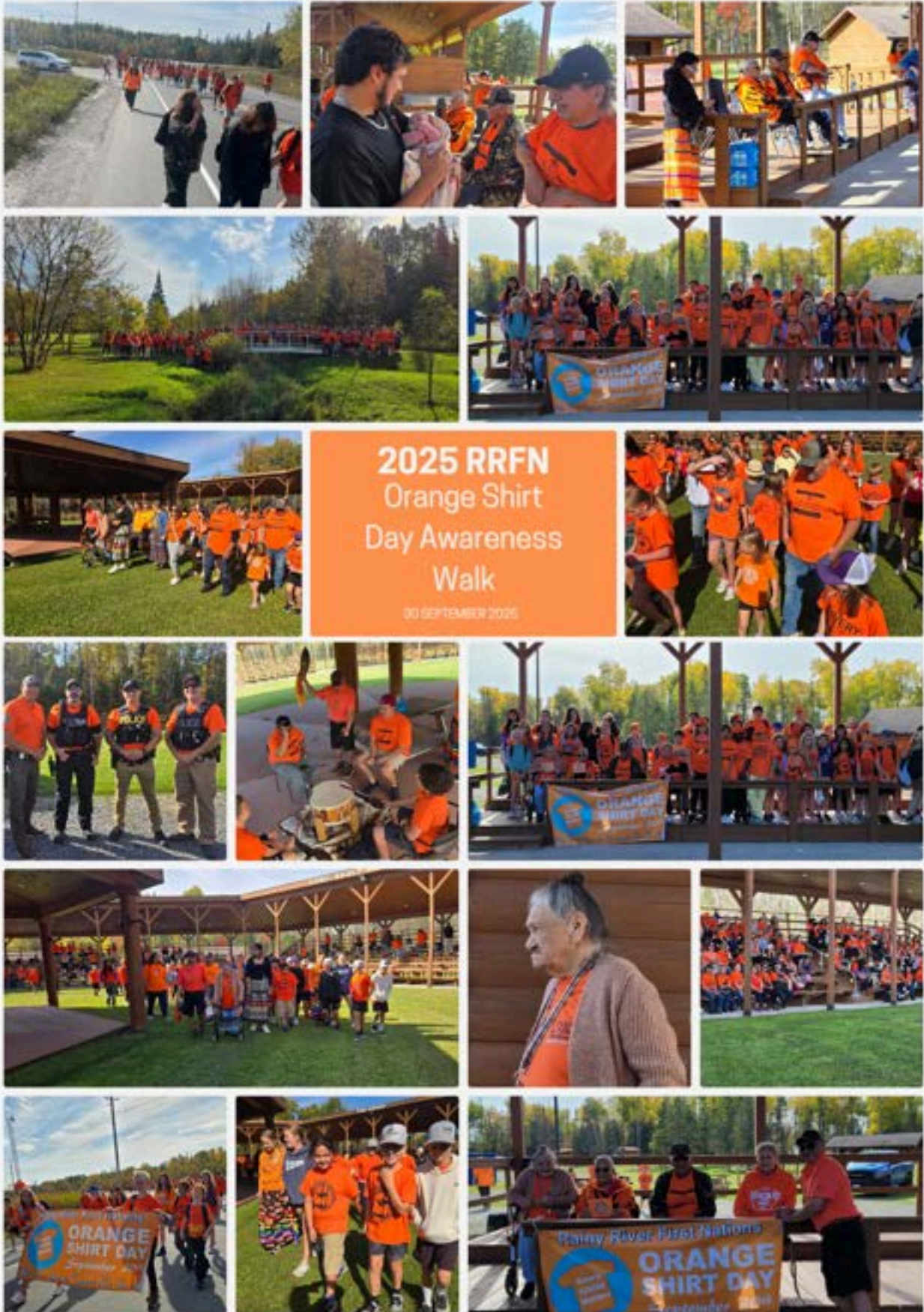
EAST END HALL

- Fast access to medication assisted therapy for alcohol & opioid use disorders.
- Counseling and peer support services offered to those with Stimulant use disorder.
- Anyone 16 years and older who is experiencing substance use issues is eligible for supports & services

For more info contact Adam:
807-482-2479 ext. 261

Rainy River First Nations
MANITOU RAPIDS

ORANGE SHIRT DAY 2025



EMPLOYMENT OPPORTUNITIES



Rainy River First Nations MANITOU RAPIDS

Current Opportunities:

- Overall Responsible Operator
- Claims Implementation Coordinator
- CCP On-Call Worker
- Child In Care Worker
- Early Intervention and Aftercare Worker

JOIN OUR TEAM

Send your cover letter and resume to:

hr@manitourapids.ca

For more information please visit our
website: www.rainyriverfirstnations.com

WAKE THE WARRIOR



Rainy River First Nations

PRESENTS

WAKE THE WARRIOR

PRE-EMPLOYMENT PROGRAM

Embark on a personal journey of growth, cultural connection and career confidence!

BUILDING THE FOUNDATION
WEEK 1

 **Oct 14 - 17**

CAREER DEVELOPMENT
WEEK 2

 **Oct 20-24**

LOCATION: DRUM ROOM | 9 AM TO 4 PM EACH DAY



Meals Provided



Certificate of Completion



Tools for life and work

Register with Tracy by October 6th

Tracy Oshie-Horton

tracy.oshie-horton@manitourapids.ca | 807-482-2479 ext.244

HOSTED BY





Fall Feast CEREMONY

**Monday, October 6, 2025
10:00AM at the Trust Office**

On behalf of both the
Community Fund and Financial Trustees,
the Rainy River First Nations Trust
would like to invite all who wish to attend,
to join us in a traditional
Fall Feast Ceremony
in honour of the Trust.

For more information contact the Trust Office at
807-482-2158 or via email at info@rrfntrust.ca



Rainy River First Nations Trust

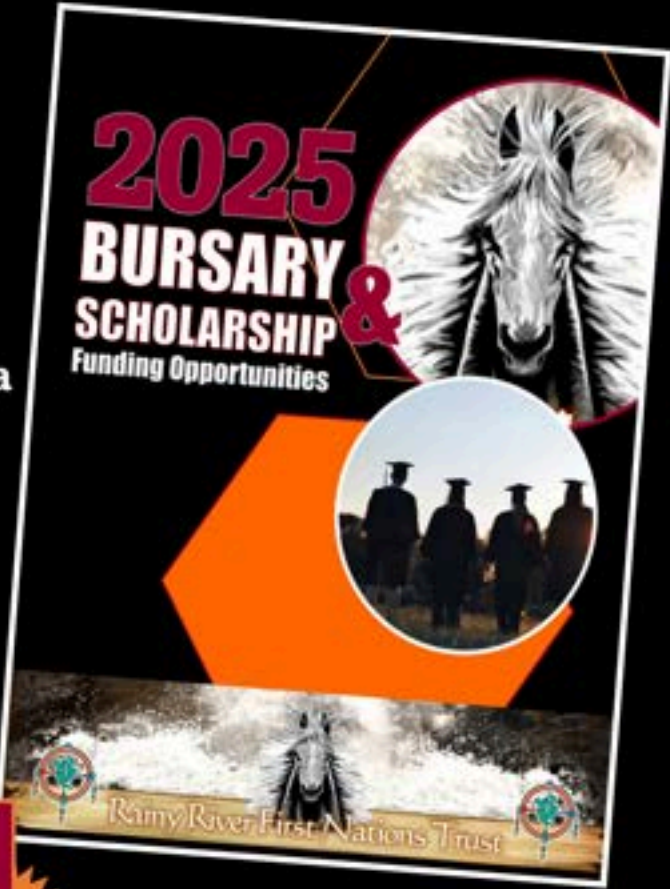
ATTENTION Post-Secondary Students

The Trust 2025 Bursary & Scholarship application package is now available!

Download the application package at www.rrfntrust.ca under *Applicants Resources*

OR

Email the Trust Office at info@rrfntrust.ca to have a copy sent to you.



**2025
BURSARY &
SCHOLARSHIP**
Funding Opportunities

**DEADLINE to APPLY
December 1, 2025**

For more information contact the Trust Office at 807-482-2158



RRFN LANDS & RESOURCES COMMITTEE

The RRFN Lands Department is seeking Expressions of Interest from Members who would like to be appointed to the RRFN Lands & Resources Committee

What is the Lands & Resources Committee? The RRFN Lands & Resources Committee is an advisory committee that assists with the implementation of the *Rainy River First Nations Land Code*. Some of the responsibilities of Committee Members include researching and recommending land laws, resolutions, policies and practices respecting RRFN lands and resources to Council, facilitating communication between Members, staff and Council, assisting with annual reporting to Members, and other tasks associated with land administration and management.

We are seeking a minimum of 3 (three) full Members of RRFN, residing on or off-reserve, who fit the following eligibility criteria:

- Must be an eligible voter of RRFN
- Available to participate in RRFN Lands & Resources Committee meetings (at least quarterly; ToR and meeting schedule to be set by the Committee)
- Knowledge of RRFN community and land/resource issues
- Collaborative, team player, positive, solution-oriented

To apply, please submit an Expression of Interest application form that can be requested from Nicole Cochrane, Land & Natural Resources Manager – nicole.cochrane@manitou Rapids.ca or (807)482-2479, ext. 235. If you have any questions, please direct them to Nicole by email.

Expression of Interest Deadline: October 31, 2025



EDUCATION DEPARTMENT
INVITIES YOU TO A

PIZZA LUNCH

ALL RRFN STUDENTS WELCOME

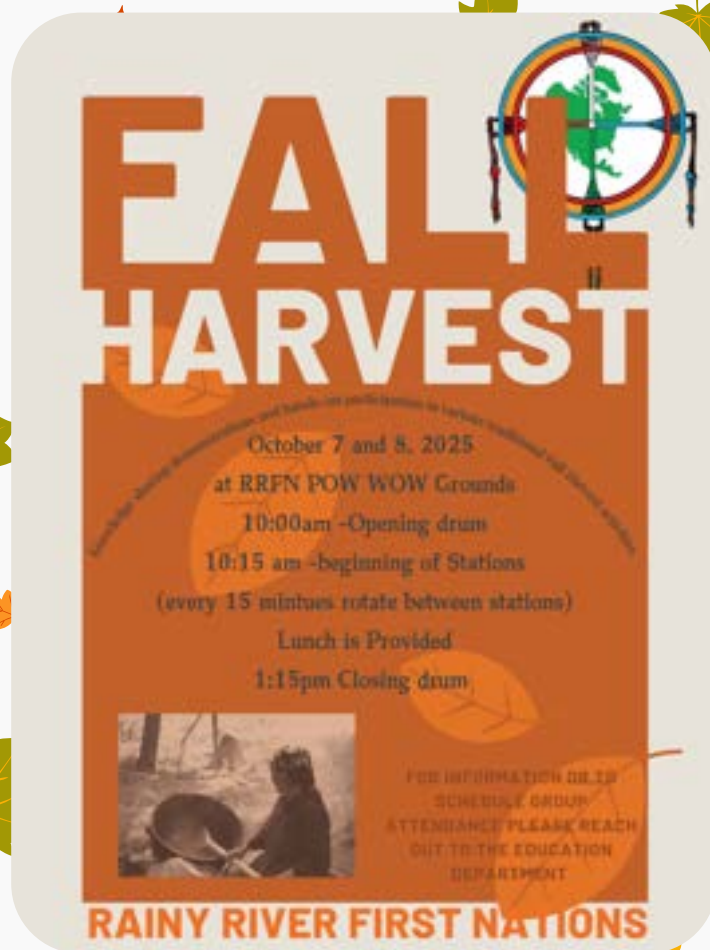
**Wednesday
Oct 15th
FFHS
During lunch**

COME DROP IN!
JOIN US FOR A SLICE OF PIZZA AND HEAR ABOUT EXCITING OPPORTUNITIES FOR STUDENTS THIS YEAR, INCLUDING:

- SCHOOL INITIATIVES - LEARN ABOUT NEW PROGRAMS AND SUPPORTS AVAILABLE FOR OUR STUDENTS.
- EDUCATION EXPERIENCE TRIP - HEAR THE DETAILS ABOUT THIS YEAR'S TRIP AND HOW STUDENTS CAN GET INVOLVED.
- YOUTH EMPOWERMENT TRIP - FIND OUT ABOUT THIS AMAZING OPPORTUNITY FOR YOUTH.

WE LOOK FORWARD TO SEEING YOU THERE!

Please contact Education Department with any question
hope.mosbeck@manitourapids.ca



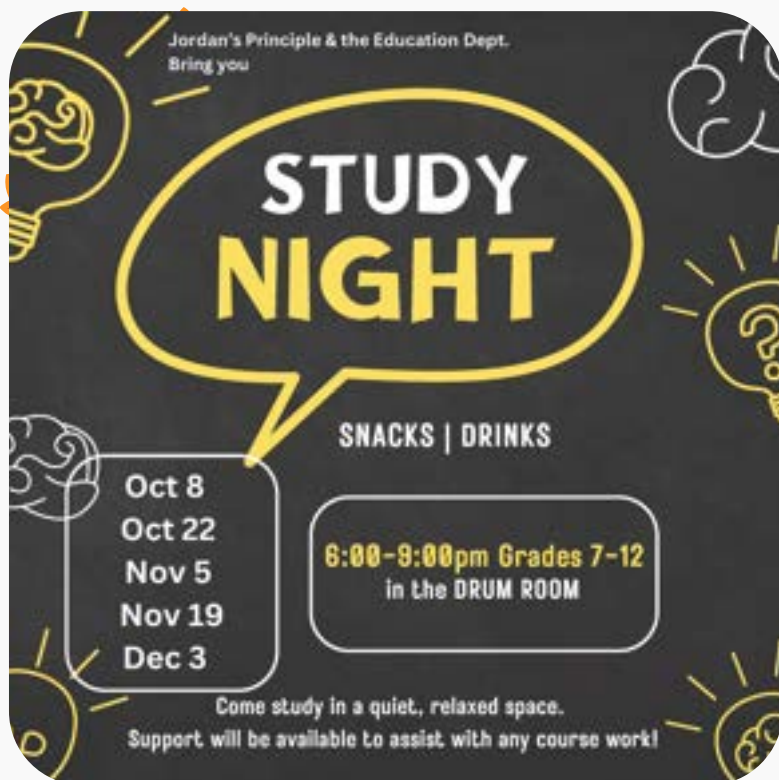
FALL HARVEST

October 7 and 8, 2025
at RRFN POW WOW Grounds

10:00am - Opening drum
10:15 am - beginning of Stations
(every 15 minutes rotate between stations)
Lunch is Provided
1:15pm Closing drum

FOR INFORMATION OR TO
SCHEDULE GROUP
ATTENDANCE PLEASE REACH
OUT TO THE EDUCATION
DEPARTMENT

RAINY RIVER FIRST NATIONS



Jordan's Principle & the Education Dept.
Bring you

STUDY NIGHT

SNACKS | DRINKS

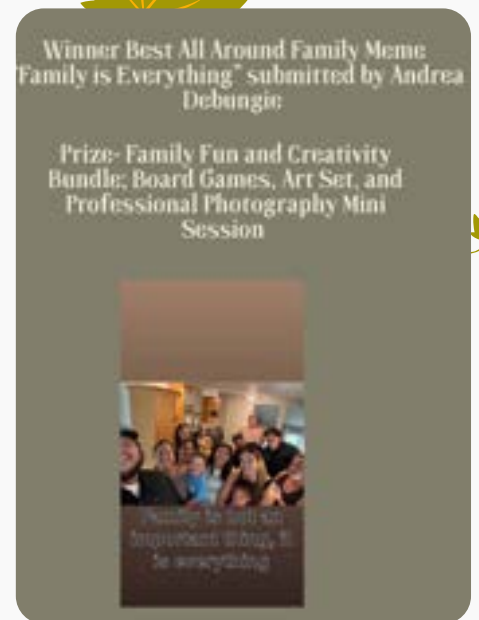
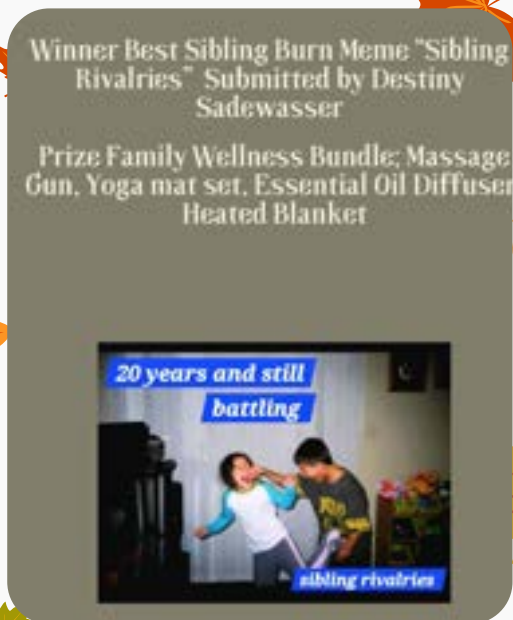
Oct 8
Oct 22
Nov 5
Nov 19
Dec 3

6:00-9:00pm Grades 7-12
in the DRUM ROOM

Come study in a quiet, relaxed space.
Support will be available to assist with any course work!

hello
fall

JP FAMILY MEME CONTEST WINNERS



KAY-NAH-CHI-WAH-NUNG HISTORICAL CENTRE




**WE
WERE
TAUGHT
DIFFERENTLY**

Traditional Opening
July 26th at 1pm.

Exhibit open July 26th -
October 12th At the Mounds!

Questions?
Give us a call at 807.483.1163

muse
the
Museum of the
Mounds
Organized and circulated by
The Muse, Douglas Family Art Centre



Dagwaagin

It is Fall

Our new Fall Hours
Wednesday to Sunday 9am - 4pm



Calling all weavers!
We're putting together a
micro-exhibit showcasing
woven baskets,
running October 15-31.

If you'd like to share your work and
the story behind it, we'd love to
include it! Please submit images of
your baskets for consideration.

Email submission to
jessie.richardemanitourapids.ca




Join us for a special event

GIZHAWENIMIGOO

"YOU ARE LOVED" **Sacred Fire**

Keynote Speaker MMIWG2S + Family Advocate

In honour and memory of National Day of Action for
Missing & Murdered Indigenous Women, Girls, and
Two-Spirit people.

Door Prize Available

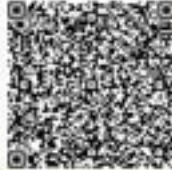
October 8th, 2025
Time 4:00-7:30 pm

A light supper Available

Traditional law teaching
self-identity

Location: Kay-Nah-Chi-Wah-Nung
Historical Centre

Traditional Tobacco



Contact Jody
[@jody.smith@t3ps.ca](mailto:jody.smith@t3ps.ca)



COMMUNITY CARE PROGRAM

RAINY RIVER FIRST NATIONS COMMUNITY CARE PROGRAM

We are looking for **FULL-TIME
CAREGIVERS/FOSTER PARENTS** and **RESPITE
HOMES** that...



- ✓ Able and willing to provide a loving, stable home for Anishinaabe children and be open to learning the Culture and Traditions.
- ✓ Have good problem-solving skills, child management skills, patience, compassion, sensitivity towards cultural needs, and an ability to work well as part of a team.

If you would like more information on becoming a Caregiver/Foster Parent, please call the Alternative Care Coordinator, Michelle Loveday, at (807)271-5452 or (807)482-2479 ext. 278

**Make a difference in a child's life,
become an Alternative Caregiver**



RAINY RIVER FIRST NATIONS COMMUNITY CARE PROGRAM

**RAINY RIVER FIRST NATIONS COMMUNITY
CARE PROGRAM IS LOOKING FOR CAREGIVERS
TO PROVIDE PLACEMENTS FOR 5 CHILDREN IN
CARE.**

**WE ARE DESPERATELY ASKING FOR YOUR
HELP IN PROVIDING A SAFE AND LOVING HOME
FOR THE CHILDREN.**

**IF YOU ARE INTERESTED IN CARING FOR 1 OR
2 CHILDREN OR HAVE QUESTIONS, PLEASE
CONTACT;**

**MICHELLE LOVEDAY, AT 807-482-2479 EXT.
278 OR 807-271-5452**

OR

**ANN HILLER, AT 807-482-2479 EXT. 258 OR
807-271-0481.**

MIIGWETCH!



YOUR HELP IS GREATLY APPRECIATED!



HEALTH & WELLNESS



REMINDER FOR LONG DISTANCE MEDICAL APPOINTMENTS

Please submit your appointment information to either Juanita or Laura at least **two weeks** prior to your appointment. This is a requirement from NIHB.

Any appointments received on short notice cannot be guaranteed to have any arrangements secured or a travel cheque issued to help with travel costs.

Also, please remember to bring the Confirmation of Attendance form and have it signed by the specialist. We need these to submit to ISC for reimbursement of the cash advance provided to our clients.

Thank you for your cooperation!

Juanita Hunter-Connon, Health Director



DROP-IN COUNSELLING RAINY RIVER FIRST NATIONS

- ✓ Addiction Services
- ✓ Depression, Anxiety, and Mental Health Support
- ✓ Grief Support
- ✓ Brief Case Management

**FRIDAY'S @ 11-3PM
BAND OFFICE**

For more information:

Contact Alyssa:
(807) 274-2042 ext. 4228
astrachan@fftahs.com



Rainy River First Nations
RAINY RIVER



GIISHKAANDAGO'IKWE
HEALTH SERVICES



HEALTHY LIVING FOOD BOX

ORDERING OPTIONS

Due 1st Wednesday of the month

Online

You can now submit your order via our online form!

**ORDER FORM &
EMT REQUIRED**

COST - \$25 via EMT

In-Person

- At GHAC (1460 Idylwild Dr) on the 1st Wednesday of each month
9:00 AM - 4:00 PM | \$25 Cash
- At 714 Armit Avenue during Food Box pick up (3rd Wednesday of each month)
12:00-4:00 PM | \$25 Cash

BOX PICK UP

Every 3rd Wednesday of the month
12:00 - 4:00 PM

**Metis Hall
714 Armit Avenue**

Steps Against Stigma

**Our 10th Annual
Glout walk or run**

In Honour of Mental Illness Awareness Week

October 8th, 2025

6:30PM - Late Registration

6:45PM - Opening Ceremony/Warm Up

7PM - Walk/Run

Register Online:

@CMHAFF on Facebook
Using Link Provided

Register Fee:

\$20 Donation Minimum

SOLAR PAYMENTS

To: Rainy River First Nations Members

The next Solar Payments date has been set for **December 4, 2025**. For a smooth payments process and to make sure Solar Payments are processed without any issues, please note the following important information.

Preparation for December 4, 2025, Solar Payments:

1. If there has been a change in address from July 1, 2025, please confirm the new address by **November 14, 2025**. A copy of the Membership Contact Form is attached and can also be accessed on the RRFNs Website <https://rainyriverfirstnations.com>

2. If there is an address change and have not submitted an updated Membership Contact Form the cheques will be mailed to the address on file. Please email the Membership Contact form to: membership@manitourapids.ca

Includes everyone living in Canada or the United States.

3. For Members who prefer to have their payments by EFT, please forward a copy of Direct Deposit Form or Void Cheque to: membership@manitourapids.ca The Forms can be accessed through online banking.

The cheques will be mailed December 5, 2025, to both Canada and US residents.

EFT will be deposited for Canadian residents December 5, 2025.

Please note: EFT (Direct Deposit) not available for US banks

Address changes cannot be accepted over the phone; the Membership Contact Form is required to be filled in completely and accurately and email to:

membership@manitourapids.ca

If there are any questions or concerns, please contact:
the Membership Registrar at 807-482-2479 ex 268.

Or by email: membership@manitourapids.ca

Thank you and your cooperation is appreciated.

MEMBERSHIP CONTACT FORM



Rainy River First Nations Membership Contact Form

***Please ensure that form is filled out completely and accurately**

Full Name:	First	Middle	Last
Mailing Address:	Street	Apt #	P.O. Box
	City/Town	Province/State	Postal Code/Zip Code
Phone:			
Email:			
Membership Number:	Date of Birth:		
	Month Day Year		
Dependents: -Full legal names -Date of Birth -17 & under registered with RRFNs			

Consent to share personal contact information with:

RRFNs Special Bulletins ☐	RRFNs Elections (Electoral Officers) ☐	RRFNs Trust ☐
RRFNs Program Information ☐	RRFNs Administration Mass Mail-outs ☐	
Due to privacy laws, we request that if you would like to have your personal contact information shared (mailing address, phone number and email) with any of the above items, please check all that interest you if you would like to receive information or mail-outs. Please sign and date.		
Full Legal Name (Print)	Signature	Date

When completed, please put in a sealed envelope marked confidential, addressed to Membership Registrar and mail to:

Rainy River First Nations, P.O. Box 450, Emo, Ontario POW 1E0

Or email to: Membership@manitourapids.ca

Note: for those who email the form with checked boxes, your consent will be presumed with the email being your digital signature.

Or Drop off at the Main Administration Building, 6 Manitou Rapids Drive, RRFN

Please keep your contact information current. As information changes, please let us know as soon as possible.

ZIIBI ANISHINAABE INVESTMENTS

ZIIBI ANISHINAABE INVESTMENTS INC.
Manitou Community Holdings Trustees (MCHT)



We want to hear from you.

Your insights are essential in guiding investments that truly benefit Rainy River First Nations (RRFN). Below are program areas and initiatives where the MCHT Trustees can provide funding to support the well-being and future of the Beneficiary.

We invite you to share what matters most to you – and how you envision these programs or initiatives being delivered in a way that reflects the needs and values of the community.

- Social programs;
- Housing programs;
- Justice initiatives;
- Education, including scholarships and bursaries for post-secondary education, and education facilities;
- The development and operation of recreational facilities;
- Elder and youth programs;
- To assist in improving the situation of women in the community by addressing issues relating to violence against women
- Cultural, spiritual and language development and retention;
- The development and maintenance of community infrastructure;
- Health initiatives, and
- Any other charitable purpose

Please email or discuss your suggestions with any of the MCHT Trustees. Thank you

Jim Leonard – jim.leonard@ziibicorp.com

Lyn Blackburde – lyn.blackburde@ziibicorp.com

Trevor Pilatzke – trevor.pilatzke@ziibicorp.com

Bruce Wilson – bruce.wilson@ziibicorp.com

Krystal Beel – krystal.beel@ziibicorp.com