



THE RAPIDS REVIEW

VOL. 1 ISSUE 1 JUNE 27-2025

Welcome to Rapids Review!

We have decided to refurbish the look of the Community Newsletter which will now be called “The Rapids Review”! We know that Members, Children, Elders, Students & Professionals are out and about achieving incredible things. We would like to highlight it right here! So send your stories and pictures to lauren.hyatt@manitourapids.ca so we can give you your much deserved moment to shine!



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Nestor Falls

PONTOON FISHING FUN DAYS!

July 7th : Ages 7-12
July 8th : Ages 0-6
July 31st : Ages 12-17

For all age groups above: Meet at the gym @ 9AM on the date you are signed up for.

SIGN UP FOR A SPOT!

Ages 7-12 & 0-6: Contact Katie or Rekha

katie.sadewasser@manitourapids.ca
rekha.kasana@manitourapids.ca
807-482-2479 ext. 254 or 226

Ages 12-17: Contact Tammy or Rekha

tammy.horton@manitourapids.ca
807-482-2479 ext. 295



KICK OFF TO SUMMER COMMUNITY BBQ

Come out for a lunch time BBQ to celebrate Summer Vacation!



10 JULY 2025 | AT 12 PM - 2 PM
RRFN FIRE HALL

All families are welcome! See you there!

**" We didn't realize we were making
Memories, we just knew we were having fun"**

-WINNIE THE POOH-

YARD CLEANING CHALLENGE

STARTING JUNE 16, 2025
ENDS JULY 18, 2025

Send in weekly
photos to entry
weekly draws!

Prizes to be won at
the end of
challenge!

Photos can be sent to
summer.leonard@manitourapids.ca
or
tammy.horton@manitourapids.ca



**NUCLEAR WASTE FREE
ANISHINAABE AKI**



**JULY 4TH RALLY IN
THUNDER BAY**

**4 PM
WAVERLY PARK**

SCAN HERE TO RSVP



FREEGRASSY

 **GIISHKAANDAGO'IKWE**
— HEALTH SERVICES —

Invites you to join us for a

**Traditional Parenting
Workshop**

With:
**Elder, Midwife
Elaine Ross**

Please join us to learn about Traditional Parenting.

WHEN
Date: Monday, June 30th
Time: 10:00 AM - 3:30 PM

WHERE
Manidoo Baa Wiigong Band Office, Drum Room

- Door Prizes
- Lunch & Coffee Provided

 FOR MORE INFORMATION CALL: (807) 482-2479 (Keweenaw Ext # 326 / Kettle Ext # 354) Everyone welcome!

**MOVIE
NIGHT**

**CINE 5 I-FALLS
TUESDAY
JULY 15TH**

Meet at McDonalds in
Fort Frances @
5:30PM

Call Tammy or Katie
to sign up.



SOLAR PAYMENTS

**When: July 10th-25
Time: 10AM-6PM
Where: RRFN Drum Room**

- ★ If picking up in person, please bring your status card or photo ID.
- ★ Cheques will ONLY be given to the Member they are issued to.
- ★ Cheques not picked up on July 10th will be mailed out on July 11th.



Addictions Department

OUTREACH SERVICES!

**RAINY RIVER FIRST NATIONS
OUTREACH**

**DID YOU KNOW THAT RRFN
NOW HAS AN OUTREACH PROGRAM?**

LOCATED AT 516 PORTAGE AVE., FORT FRANCES

SERVICES PROVIDED INCLUDE:

- Coffee, Snacks, Support
- Open & Confidential Discussions
- List of community services/Referrals
- Transportation for Appts/Medical/
Counselling/Groceries (within Fort Frances)
- Access to phone(local calls only) Treatment
Options/Group Outings

Outreach Staff
Lois Bradley - 807-271-0065
Jim McMahon - 807-271-7300
Molly Smith

SUMMER BBQ'S!

ADDICTIONS AWARENESS SUMMIT

10 am - 4pm

Ages 8-17 (adults welcome)

Come out and hear from our local
members the truth about addictions and
the healing journey to recovery

There will be a BBQ

Dunk Tank / Games / Scavenger hunt and
prizes

July 15th, 2025 10am-4pm
RRFN Gym

We look forward to seeing you!!!

RSVP: lois.bradley@manitou.ca

RRFN Outreach Program will be hosting Open
& Free BBQ'S for the rest of the summer

BBQ

on the following dates

June 26th - July 24th, July 26th
August 7th, 14th, 21st, 28th - September 4th, 11th, 18th, 25th
2188 Building 516 Portage Ave., Fort Frances

Hot Dogs	Burgers Chips	Water
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11AM-3PM

Who Has More Fun Than Us?

For More info contact the following

Jim McMahon 807-482-2479 Ext. 262 - cell 807-271-7300
Lois Bradley 807-482-2479 Ext. 265 - cell 807-271-0865

EMPLOYMENT OPPORTUNITIES



We are **HIRING**

- Executive Assistant to Chief and Council
- Director of Addiction, Treatment and Recovery
- Claims Implementation Coordinator
- Education Assistant
- Jordan's Principle Navigator
- Jordan's Principle Coordinator
- Proposal Writer
- Family Services Worker
- CCP On-Call Worker
- Pre/Post Treatment Attendant
- Child in Care Worker
- Early Intervention and Aftercare Worker
- Youth Coordinator

For detailed job descriptions visit
www.rainyriverfirstnations.com or scan the QR code.

To apply, please submit your resume and cover letter to:
hr@manitou Rapids.ca



EMPLOYMENT OPPORTUNITIES



Current Employment Opportunities

Wednesday, June 25, 2025

At New Gold you can be part of a team of professionals focused on responsible mining, workplace health and safety, and building sustainable communities.

Our Values drive every decision and action we take at New Gold:

Innovation:	To make things better
Collaboration:	As one company
Accountability:	For our shared success
Respect:	For all people
Excellence:	At every step

Current available positions at the Rainy River mine:

- Senior Surveyor - U/G Mine
- Equipment Operator - Construction 1
- Senior Underground Mine Engineer - Travel & Camp Provided
- Grade Control Geologist - Flight & Camp provided
- Career Development Officer - Temporary 1 year
- Mobile Maintenance Preventive Maintenance Technician (PM) Technician
- Haulage Miner - 6 Month temp **ENTRY LEVEL**
- Warehouse Technician **ENTRY LEVEL**
- Underground Mine Trainer
- Senior Mine Technician - Open Pit
- Buyer
- Surface Labourer for UG Area
- Underground Pneumatic Technician
- Utility Operator **ENTRY LEVEL**

For more information or to view the full job descriptions, visit our website:
<https://newgold.com/careers>



STAY
POSITIVE.

WORK
HARD.

MAKE IT
HAPPEN.



Rainy River First Nations & newgold[™] Rainy River

IMPACTS AND BENEFITS AGREEMENT 2024 ANNUAL JIC REPORT

JIC AND EMB UPDATE

The Joint Implementation Committee (JIC) meets monthly and provides a forum to discuss issues and work towards appropriate resolutions as required. The Environmental Monitoring Board (EMB) meets quarterly and provides a forum to discuss environmental matters, including permit updates. In 2024, all meetings were held via MS Teams on the following dates: February 27, June 11th, and December 19th.

In 2024, JIC meetings were held virtually as well as in person. As per the Agreement, the New Gold General Manager, Gord Simms, participated in alternate meetings.

JIC & EMB COMMITTEE MEMBERS

- RRFN JIC & EMB Member:**
Tracy Oshie-Horton
- New Gold JIC Members:**
Keith Mose and Jason Bell
- New Gold EMB Members:**
Garnet Cornell and Carolyn Winik

2024 CONTRACT SPEND

Sole Source Contract	Partnership	Spend
Supply of Fuel & Petroleum Products	Shell (Fuel)	\$44,473,109.76
Supply of Safety Equipment	Fastenal/JAW	\$ 2,401,419.11
Coffee Machines & Coffee Supplies	Twin City Restaurant Ltd.	\$ 210,315.04
TOTAL		\$47,084,843.91

ENVIRONMENTAL 2024 ACTIVITIES

DEER TISSUE MONITORING PROGRAM

The deer tissue monitoring program in 2024 saw a few samples collected, though not as many as in previous years. The analysis process is time-consuming, so it will be a while before a comprehensive report can be shared. New Gold hopes to see increased participation when the next program takes place in 2027.

FISH COMPENSATION HABITAT

New Gold broke ground in the fall of 2024 on the planned new fish habitat project. The project is expected to be completed in 2026, a positive advancement in ongoing conservation efforts .

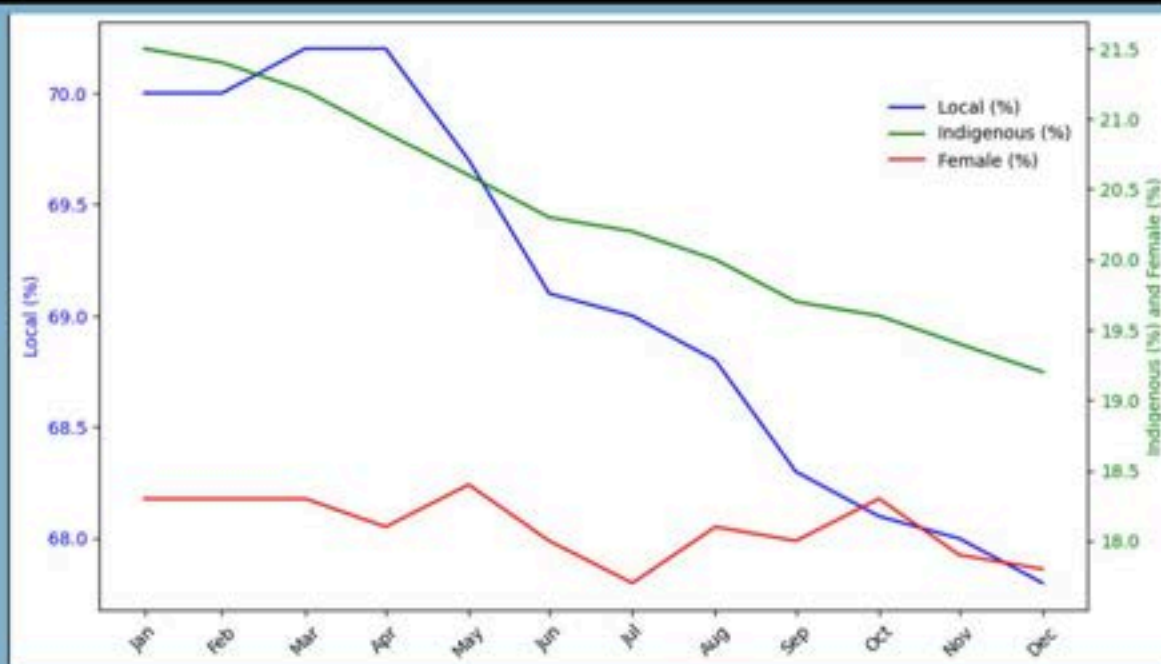
2024 SITE PHOTOS



2024 RRFN EMPLOYEE CAREER PROGRESSIONS

Starting Position (when hired)	Current Position (as of Dec 31, 2024)	Years
Senior Procurement Specialist	Procurement and Contracts Supervisor	10
Surface Miner	Haulage Miner	9
Surface Miner	Leadhand - Mine Drills	9
Surface Miner	Mine Trainer	9
Geological Labourer	Mill Operator	8
Surface Miner	Production Miner	8
Surface Miner	Support Miner	8
Surface Miner Utility	Driller	8
Electrician	Electrical Superintendent	8
Surface Miner	Support Miner	8
Reliability Supervisor	Fixed Maintenance Superintendent	6
Mine Labourer	Geological Technician	6
Temp Haulage Miner	Support Miner	3
Temp Mine Labourer	Haulage Miner	3
Temp Labourer	Maintenance Planner	2
Haulage Miner	Haulage Miner	2
Haulage Miner	Haulage Miner	2
Mill Labourer	Mill Labourer	<1

2024 EMPLOYMENT AT NEW GOLD



ENVIRONMENTAL 2024 ACTIVITIES (CONT'D)

PERMITTING ACTIVITY

TMA – Stage 6 Dam Raise – Application approved by regulators; construction completed and dam commissioned.

TMA – Stage 7 Dam Raise – Application submitted to regulators for approval. Construction and commissioning planned for 2025. This has been added to the Closure Plan Amendment to align with Building More Mines Act.

Permit to Take Water – Open Pit Dewatering Wells - Additional information submitted to regulators; approval expected in 2025.

Closure Plan Amendment – Additional administrative items updated and submitted to regulators for approval to align with Building More Mines Act regulations.

Sewage Works ECA – Engineering drawings and reports for increasing water treatment and discharge submitted to Ministry of Environmental, Conservation and Parks (MECP) Technical Services Division for review. Application submission planned for Q1 2025.

Endangered Species Act (ESA) – New Gold is awaiting review and response from MECP on Whip-Poor-Will Habitat Management Plan but continues to follow permit schedule for monitoring activities.



Blue Heron at Sediment Pond

AIR QUALITY

Throughout 2024, New Gold Environment staff continued to monitor air quality. The air quality stations are strategically located to the north (Gallinger Road), south (McMillan Road), and northwest (Hwy 600) of the mine, and track various air contaminants, including dust particulates, metals, nitrogen dioxide, and sulfur dioxide. On seven occasions, instruments at these stations detected dust levels exceeding ministry limits, attributed to mine activities. The primary dust control measures implemented on-site included the application of water and chemical dust suppressants on roads and stockpiles.

In 2024, a Fugitive Dust Committee was formed with representatives from different departments to mitigate dust sources across the mine site.



Air Quality Station (North)



RRFN Senior +55

July 2025

Sun.	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
		1	2	3	4	5 Onigaming Powwow Day trip 10AM departure
6	7	8 Cloverleaf Gift Card pick up	9	10 Sewing 9-Noon	11	12
13	14	15 MOVIE NIGHT	16 MEN LAKE LIFE FISHING DAY	17	18	19
20	21	22 POTLUCK + DROP IT	23 Poker walk 5-7pm	24 Sewing 9-Noon	25	26
27	28	29 Senior Meeting 10-Noon	30 Golf Day	31		

Notes

Please call to sign up for the following: ☺

ONGAMING TRIP-by July 3rd,

MOVIE NIGHT-by July 11,

MENS LAKE LIFE-by July 11,

GOLF DAY-by July 24

Any questions? Please call Danica-Senior Coordinator. CALL THE OFFICE 482-2479 ext.269
CALL/TEXT CELL 271-1223.



**THE
RED
CHAIR
SESSIONS**

Nadya Kwandibens

Exhibit opening May 10th 12pm
Artist Talk with
Nadya Kwandibens 12-2pm
Exhibit open May 10th - July 13th

Organized and circulated by
The Muse: Douglas Family Art Centre

**RED
WORKS**



**ATTENTION
MANITOU
FISHERMEN!**



Kay-Nah-Chi-Wah-Nung is
looking for 2 small STURGEONS
for the tank at the
Historical Centre.

CONTACT ART HUNTER FOR MORE INFO!
art.hunter@manitourapids.ca
807-483-0999



CALLING ALL CRAFTERS!

Help us create a beautiful Poppy Display to honour
and remember this November.

Whether you're a seasoned stitcher, crocheter,
knitter or just learning, we'd love for you to join!

Guided by Marjorie Stintzi

- ★ All supplies provided
- ☺ Light refreshments & snacks served

Let's stitch something meaningful
together. ❤️

- May 17, 1pm - 3pm
- May 31, 1pm - 3pm
- June 28, 1pm - 3pm
- July 12, 1pm - 3pm

Questions?
call or email jessie.richard@manitourapids.ca

Weekend Special

*Mozza Bacon Chicken burger
with lettuce and spicy mayo
with choice of fries or soup. \$20*

*Add on our
homemade cookie
ice cream sandwich for \$5.*





GRADUATES



CONGRATULATIONS!



COMMUNITY CARE PROGRAM

"It takes a big heart to shape little minds."



RAINY RIVER FIRST NATIONS COMMUNITY CARE PROGRAM

We are looking for **FULL-TIME
CAREGIVERS/FOSTER PARENTS** and **RESPITE
HOMES** that...



- ✓ Able and willing to provide a loving, stable home for Anishinaabe children and be open to learning the Culture and Traditions.
- ✓ Have good problem-solving skills, child management skills, patience, compassion, sensitivity towards cultural needs, and an ability to work well as part of a team.

If you would like more information on becoming a Caregiver/Foster Parent, please call the Alternative Care Coordinator, Michelle Loveday, at (807)271-5452 or (807)482-2479 ext. 278

**Make a difference in a child's life,
become an Alternative Caregiver**



RAINY RIVER FIRST NATIONS COMMUNITY CARE PROGRAM

RAINY RIVER FIRST NATIONS COMMUNITY CARE PROGRAM IS LOOKING FOR CAREGIVERS TO PROVIDE PLACEMENTS FOR 5 CHILDREN IN CARE.

WE ARE DESPERATELY ASKING FOR YOUR HELP IN PROVIDING A SAFE AND LOVING HOME FOR THE CHILDREN.

IF YOU ARE INTERESTED IN CARING FOR 1 OR 2 CHILDREN OR HAVE QUESTIONS, PLEASE CONTACT;

MICHELLE LOVEDAY, AT 807-482-2479 EXT. 278 OR 807-271-5452

OR

ANN HILLER, AT 807-482-2479 EXT. 258 OR 807-271-0481.

MIIGWETCH!



YOUR HELP IS GREATLY APPRECIATED!



OSP Ontario Structured Psychotherapy Program NORTHWEST

TREATMENT FOR PEOPLE WITH DEPRESSION, ANXIETY AND TRAUMA

OSP offers **free**, short-term cognitive behavioural therapy (CBT) and related services.

WHAT IS COGNITIVE-BEHAVIOURAL THERAPY (CBT)?

- focuses on problems that happen in everyday life
- teaches practical strategies and skills
- helps you change the way you feel, think and act

OSP CAN HELP IF YOU:

- feel anxious, stressed or worried
- feel low and hopeless
- fear social situations
- experience panic attacks
- have obsessive thoughts or behaviours
- find it hard to cope with day-to-day life, work or relationships
- struggle with flashbacks and nightmares
- struggle to cope with upsetting traumatic memories
- experience phobias/fears

WHAT TYPES OF SUPPORT WILL I RECEIVE THROUGH OSP?

- Self-led resources: using workbooks, videos and online modules guided by a trained coach or therapist. These services include the **BounceBack** program delivered over the phone and internet-based CBT (CBT) delivered online.
- Psychotherapy: In-person, phone or virtual CBT with a registered therapist. Services are delivered in partnership with community organizations from across Northwestern Ontario. In-person services are available in Klamath, Fort Frances, and Thunder Bay with more locations to be added over time.

WHAT TO EXPECT FROM PARTICIPATING IN OSP?



OSP is not a crisis or emergency service. If immediate help is required, attend the nearest emergency department or call 911. For 24-hour crisis support in the Northwestern Ontario region contact Crisis Response Services at 1-888-988-8888.

For more information, please visit: osp.sjcg.net

HOW DO I ACCESS THE PROGRAM?

You must be 18 years or older and live in Ontario to access OSP. You do not need to have a family doctor or primary care provider to be eligible for services. There are two ways to access the program:

1. Ask your health care provider to complete the online referral form on the Access Point Northwest website.
2. Submit a self-referral by entering the QR code or visit the Access Point Northwest Portal at northwestaccesspoint.ca. For support completing a self-referral call 1-888-924-3450 or speak with an OSP staff member.



WHAT TO EXPECT AFTER A REFERRAL IS SUBMITTED?

- Initial contact by phone to start the intake process and schedule an assessment.
- The intake assessment involves completing a brief questionnaire to identify which OSP service best fits your needs.
- Where OSP may not be the best fit a recommendation will be made to connect you with a more suitable service.
- After the assessment you will be contacted by an OSP staff member or a mental health team to set up a self-led service or your treatment.



St. John's Ambulance

DROP-IN COUNSELLING RAINY RIVER FIRST NATIONS

- ✓ Addiction Services
- ✓ Depression, Anxiety, and Mental Health Support
- ✓ Grief Support
- ✓ Brief Case Management

**FRIDAY'S @ 11-3PM
BAND OFFICE**

For more information:

Contact Alyssa:
(807) 274-2042 ext. 4228
astrachan@fftahs.com



Rainy River First Nations
MANTOU RAPIDS



GIISHKAANDAGO'IKWE
HEALTH SERVICES

Getting Checked for Breast Cancer is Important

Most women, as well as Two-Spirit, trans and nonbinary people ages 40 to 74, should have a breast screening mammogram every two years.

Book Your Mammogram Today

To learn more, visit
tbrhsc.net/cancerscreening



Thunder Bay Regional
Health Sciences
Centre



NEW DOCTOR AT GHAC

GHAC is excited to announce that Dr. Danielle Mitchell will be joining the team in the fall.

GHAC would like assistance with identifying community members (First Nations or Metis) who do not have a family physician and would be interested in receiving care from Dr. Mitchell.

If you do not have a family physician, interested members can contact Juanita Hunter-Connon to register @ (807) 482-2479 ext. 232 by June 30th. Please have your health card available when you call.

* FRIENDLY REMINDER FOR MEDICAL VAN USE *

Please provide 24 hours notice of appointments, if possible. Seats are booked on a **FIRST COME – FIRST SERVE BASIS!!** If you require someone to travel with you for medical reasons (mobility impairment, translation, child 16 years and under), please inform Laura or Juanita. Please **DO NOT** call the medical van driver directly – you must book with Laura or myself.

If you no longer require a ride on the van, please be courteous and cancel your booking. This will assist other community members who may require transportation during that time slot. We make every effort to accommodate all appointments but, do experience scheduling difficulties with times and location from time to time.

Clients will be brought to their appointment and picked up at the same location. We will **NOT** pick you up at a friend's house, downtown or at a restaurant. Please do not ask our driver to bring you to different stops – he is not a taxi.



Any individuals who are under the influence of alcohol **WILL NOT** be transported to or from their appointment. **NO EXCEPTIONS!!**

Also, the medical van driver **WILL NOT** pick up any prescriptions. We will be happy to provide a ride for you, or a designate, to pick up your medication. Exceptions are made on a case-by-case basis.

Lastly, please call 9-1-1 and request an ambulance in the event of an emergency. For non-life threatening emergencies, the medical van will transport if there are no scheduled appointments OR the van is scheduled to be in Fort for an appointment.

THANK YOU FOR YOUR COOPERATION!!

Long Distance Medical Travel Assistance through Non-Insured Health Benefits

A friendly reminder for Community members with out-of-town medical appointments.

- 1.) Please bring your appointment sheet to either Juanita or Laura. Or, have your doctor/specialist fax or email us your notice of appointment. Our fax number is (807) 482-1502. Juanita's email address is juanita.connon@manitourapids.ca and Laura's email address is health.reception@manitourapids.ca. Please **DO NOT** send appointment information via social media platforms such as FB Messenger or Instagram.
- 2.) NIHB has made it **MANDATORY** that all applications are submitted **2 WEEKS BEFORE** the scheduled appointment date to process the application. Emergency appointments are the only exception ie.) air lifted or urgent referrals.
- 3.) If the appointment sheet is handed in less than 2 weeks prior to the appointment date, we cannot guarantee a room will be approved in time by NIHB **OR** a travel cheque to assist with costs will be issued.
- 4.) The referring physician, an NP or nurse must deem it necessary for an escort and must be stated on your appointment sheet or an escort letter provided indicating you require an escort for all out of town appointments.
- 5.) Please indicate if you will be making a day trip or an overnight trip. Also, what night you will require accommodation.
- 6.) NIHB has hotels where the cost of the room is direct billed to them for payment. If you choose to make your own arrangements, we are only able to reimburse \$200/night for Manitoba and \$220/night for Ontario. You must submit the receipt to be reimbursed.
- 7.) With your cheque, you will have a "confirmation of attendance" form to be signed by your specialist. We also include a copy of your hotel accommodation which has the confirmation number of your reservation, the hotel's name and dates of check in/out. Please take a moment to review your travel package.
- 8.) Finally, upon your return, you must hand in your signed "confirmation of attendance" form to Juanita or Laura. We are required to submit these so that RRFN's can be reimbursed for the cash advances that we provide to our clients.

Be advised that NIHB office that over looks the Prior Approvals is short staffed. Therefore, most times we don't receive the approval until the day of appointment. Please understand that it is beyond our control.

If you have any questions or concerns, please feel free to contact Juanita or Laura at 807-482-2479, Juanita ext. #232, Laura ext. #249.

WE NEED MEMBERS FOR THE

HOUSING COMMITTEE



We are looking to fill **4 spots** on the RRFN Housing Committee

Duties:

- Review & Recommend Housing Policies & Procedures
- Housing Allocation Recommendations
- Receive Update on Major Projects
- Provide Insights & Reports to C&C
- Meet Once Per Month

Who are looking for:

- Someone with an interest in On Community Housing
- A Registered over 18 Full Member of RRFN
- A Member with No outstanding Arrears to the Nation.

Housing Committee Makeup

- 1 Youth 18-29 years
- 1 Member 55+
- 2 Members @ large preference for 1 to be off reserve

Please hand in your letter of interest to
Kyle Kellar Public Works Manager or via
email: kyle.kellar@manitou Rapids.ca



To: Rainy River First Nations Members

The next Solar Payments date has been set for July 10th, 2025. For a smooth payments process and to make sure your Solar Payments are processed without any issues, please note the following important information.

Preparation for July 10th, 2025, Solar Payments:

1. If there has been a change in address from December 1, 2024, please confirm the new address by **June 20th, 2025**. A copy of the Membership Contact Form is attached and can also be accessed on the RRFNs Website <https://rainyriverfirstnations.com>
2. If there is an address change and have not submitted an updated Membership Contact Form the cheques will be mailed to the address on file. Please email the Membership Contact form to: membership@manitourapids.ca

Includes everyone living in Canada or the United States.
3. For Members who prefer to have their payments by EFT, please forward a copy of Direct Deposit Form or Void Cheque to: membership@manitourapids.ca The Forms can be accessed through online banking.

The cheques will be mailed July 11th, 2025, to both Canada and US residents.

EFT will be deposited for Canadian residents July 11th, 2025.

Please note: EFT (Direct Deposit) not available for US banks

Address changes cannot be accepted over the phone, the Membership Contact Form is required to be filled in completely and accurately and email to:
membership@manitourapids.ca

If there are any questions or concerns, please contact:
the Membership Registrar at 807-482-2479 ex 268.

Or by email: membership@manitourapids.ca

Thank you and your cooperation is appreciated.

MEMBERSHIP CONTACT FORM



Rainy River First Nations Membership Contact Form

***Please ensure that form is filled out completely and accurately**

Full Name:	First	Middle	Last
Mailing Address:	Street	Apt #	P.O. Box
	City/Town	Province/State	Postal Code/Zip Code
Phone:			
Email:			
Membership Number:			Date of Birth:
			Month Day Year
Dependents: -Full legal names -Date of Birth -17 & under registered with RRFNs			

Consent to share personal contact information with:

RRFNs Special Bulletins ☐	RRFNs Elections (Electoral Officers) ☐	RRFNs Trust ☐
RRFNs Program Information ☐	RRFNs Administration Mass Mail-outs ☐	
Due to privacy laws, we request that if you would like to have your personal contact information shared (mailing address, phone number and email) with any of the above items, please check all that interest you if you would like to receive information or mail-outs. Please sign and date.		
Full Legal Name (Print)	Signature	Date

When completed, please put in a sealed envelope marked confidential, addressed to Membership Registrar and mail to:

Rainy River First Nations, P.O. Box 450, Emo, Ontario P0W 1E0

Or email to: Membership@manitou Rapids.ca

Note: for those who email the form with checked boxes, your consent will be presumed with the email being your digital signature.

Or Drop off at the Main Administration Building, 6 Manitou Rapids Drive, RRFN

Please keep your contact information current. As information changes, please let us know as soon as possible.