



THE RAPIDS REVIEW

VOL. 1 ISSUE 5 AUGUST 22-2025

Fall is Upon Us!

It's that time of the year! Harvesting time is starting, mornings are slower (perfect time to head out to breakfast at the Mounds) and school is just around the corner! Just a reminder that if you have anything that you would like included in the Newsletter, please email lauren.hyatt@manitourapids.ca.



This issue:

Community Wellness,
Recreation & Events

PAGES 01

Addictions Department

PAGE 02

Employment opportunities

PAGE 03

Education

PAGE 04

Kay-Nah-Chi-Wah-Nung

PAGE 05

Community Care Program

PAGE 06

Health & Wellness

PAGE 07

Update Mailing Address

PAGES 08

JP Survey

PAGE 09- 14



MOVIE NIGHT

LIMITED RIDES AVAILABLE IF NEEDED. CONTACT KATIE

CINE 5 I-FALLS
TUESDAY
AUGUST 26TH

Meet at McDonalds in Fort Frances @ 5:30PM

Call Katie to sign up. 30 spots available



NATIONAL DAY FOR TRUTH & RECONCILIATION

Gave the
DATE

TUESDAY, SEPTEMBER 30TH, 2025

AWARENESS WALK & POW WOW
FREE LUNCH & REFRESHMENTS

More details coming soon

If you are interested in sponsorship, please contact Hailey Olson at 807-274-2042 or helson@fftahs.org

ORGANIZING COMMITTEE PARTNERS



HUMAN TRAFFICKING
IT'S CLOSER
THEN YOU
THINK

AHT HUMAN TRAFFICKING, DRUG TRAFFICKING, AND LABOUR TRAFFICKING WORKSHOP

Rainy River First Nations Drum Room
September 19, 2025 @ 11am to 1pm
Lunch is provided

For more information contact:
Brandis(807) 274-2042 ext. 4250
boliver@fftahs.org
Rekha Kasana
rekha.kasana@manitourapids.ca



GIISHKAANDAGO'IKWE
HEALTH SERVICES

ZHOOMIINGWEWINAN NIIGAAN EYAAGIN
Smiles for the Future
Children's Oral Health Initiative



Dental Screening & Fluoride Varnish Clinic

JOIN US!
Please contact Rekha Kasana at 482-2479 ext. 226 or your COHI team at 274-2042 or 271-1652 to arrange an appointment for your child to be seen.

Scan QR code for more information about the services we provide

Wednesday, August 27th 11:00 AM - 2:00 PM | Rainy River First Nations Band Office



GIISHKAANDAGO'IKWE
HEALTH SERVICES

Addictions Department

**RAINY RIVER FIRST NATIONS
OUTREACH**

**DID YOU KNOW THAT RRFN
NOW HAS AN OUTREACH PROGRAM?**

LOCATED AT 516 PORTAGE AVE., FORT FRANCES

SERVICES PROVIDED INCLUDE:

- Coffee, Snacks, Support
- Open & Confidential Discussions
- List of community services/Referrals
- Transportation for Appts/Medical/
Counselling/Groceries (within Fort Frances)
- Access to phone(local calls only) Treatment
Options/Group Outings

.....

Outreach Staff
Lois Bradley - 807-271-0065
Jim McMahon - 807-271-7300
Molly Smith

**RRFN ADDICTIONS TEAM ARE
HOSTING OPEN & FREE BBQ'S**

**OUTREACH
BARBEQUES**

11AM-3PM

FOR MORE INFO CONTACT:
LOIS BRADLEY 807-402-2479 EXT. 246 OR 807-271-0065

HOT DOGS. BURGERS. CHIPS

AUGUST 28TH (MANIDOO BAAWITIGONG)
SEPTEMBER 4TH & 11TH (FAMILY CENTRE FF)
SEPTEMBER 18TH & 25TH (MANIDOO BAAWITIGONG)

**HEALING
WALK**

IN HONOUR OF OVERDOSE
AWARENESS DAY

AUGUST 27TH 2025 - 10AM

Starting with an opening ceremony at the Sorting Gap Marina
ending at United Native Friendship Centre with guest
speakers and a BBQ Grab N Go Lunch.

Attendees will also have a chance to win a purple ribbon skirt or ribbon shirt!

Please show your support by wearing purple



**“ In the middle of difficulty,
lies opportunity.”**

EMPLOYMENT OPPORTUNITIES



We are **HIRING**

- Executive Assistant to Chief and Council
- Claims Implementation Coordinator
- Overall Responsible Operator
- Proposal Writer
- Family Services Worker
- CCP On-Call Worker
- Child in Care Worker
- Early Intervention and Aftercare Worker

For detailed job descriptions visit www.rainyriverfirstnations.com or scan the QR code.

To apply, please submit your resume and cover letter to: hr@manitourapids.ca



"The best time for new beginnings is now"

NEW GOLD newgold HIRING BLITZ

Are you ready to take the next step in your career?
Join us for a dynamic hiring event with on-the-spot interviews!

TUESDAY
AUGUST 26, 2025

8:00 am – 4:00pm

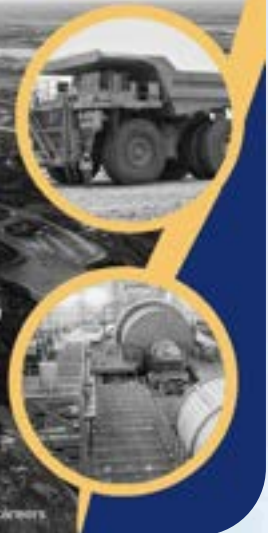
New Gold Ems Office
5947 Hwy 11/71

Selected applicants will be willing to complete the following pre-employment conditions:

- Provide Professional References
- Complete a Background Check
- Complete a Medical, Drug & Alcohol Testing

Please bring a copy of your resume

JOIN US www.newgold.com/careers



newgold Rainy River

Current Employment Opportunities Wednesday, August 20, 2025

At New Gold you can be part of a team of professionals focused on responsible mining, workplace health and safety, and building sustainable communities.

Our Values drive every decision and action we take at New Gold:

Innovation:
Collaboration:
Accountability:
Respect:
Excellence:

To make things better
As one company
For our shared success
For all people
At every step

Current available positions at the Rainy River mine:

- Open Pit Engineer in Training (EIT) / Mine Technician
- Mobile Maintenance Labourer - Temp
- **ENTRY LEVEL**
- Mobile Maintenance - Logistics Coordinator
- Mill Maintenance - Logistics Coordinator
- Intermediate Mine Planner - Underground
- Mine Technician (Ventilation)
- Supply Chain Administrative Assistant
- Underground Mine Trainer
- Underground Mine Engineering Co-op (24-36 months) - Flights & Camp Provided
- Fuel and Lube Technician - Lead Hand
- Senior Underground Mine Engineer - Travel & Camp Provided
- Haulage Miner - 6 Month Temporary - **ENTRY LEVEL**
- Document Controller - 2-year term
- Senior Long Range Planner, Open Pit - Remote Opportunity with Occasional Travel
- Human Resources Indigenous Trainer - Temporary 2 Years

For more information or to view the full job descriptions, visit our website: <https://newgold.com/careers>



WEDNESDAY
SEPTEMBER 3, 2025

BACK TO SCHOOL

BUS STARTING PICK UP
FFHS- 7:35AM
DYS- 7:45AM
CLOW- 8:05 AM

PLEASE EMAIL HOPE.MOSBECK@MANITOURAPIDS.CA WITH ANY CHANGES TO PICK UP AND DROP OFF AND IF EMERGENCY CONTACT INFORMATION NEEDS TO BE UPDATED.

Bus Drivers may make changes to the route the first week any changes will be updated.



Are you ready?

BACK TO SCHOOL!

The Rainy River District School Board welcomes staff, students, families, and community partners to a new school year!

Classes for all Grade 1-12 students will begin on Wednesday, September 3, 2025.

Staggered entry will take place this year for Kindergarten students.

Sept 3rd: JK Interviews, no school for SK students
Sept 4th: All SK students and half of JK students attend
Sept 5th: All SK students and other half of JK students attend
Sept 8th: All SK/JK students attend

Your child's school will contact you during the week of **August 25th** to share their Junior Kindergarten interview time, which will take place on **Wednesday, September 3rd.**

Register online at: www.rrdsb.com

Please contact your child's school if you have any questions.

Heather Campbell, Director
Kathryn Pierroz, Chair

Work Hard. Be Kind & Amazing Things Will Happen!




**WE
WERE
TAUGHT
DIFFERENTLY**

Traditional Opening
July 26th at 1pm.

Exhibit open July 26th -
October 12th At the Mounds!

muse
the
Museum of the
Mounds

Questions?
Give us a call at 807.483.1163

Organized and circulated by
The Muse, Douglas Family Art Centre



Afternoon Yoga

At the Mounds

JOIN US AT THE KAY-NAH-CHI-WAH-NUNG HISTORICAL CENTRE ALONGSIDE RAINY LAKE ZEN LIFE YOGA INC. FOR SUNDAY AFTERNOON YOGA SESSIONS ON THE HILL THROUGHOUT JULY AND AUGUST AT 1:30 PM. AFTERWARD, STICK AROUND TO ENJOY LUNCH WHILE TAKING IN THE SCENIC VIEW. WHILE A CANNED FOOD DONATION IS GREATLY APPRECIATED, IT IS NOT MANDATORY.

HOPE TO SEE YOU THERE!

SUNDAY YOGA
1:30 PM
JULY 6
JULY 20
AUGUST 3
AUGUST 17
AUGUST 31

FOR BOOKINGS 807-797-2024
WWW.RAINYLAKEZENLIFE.CA

**OPEN FOR ALL AGES
& YOGA LEVELS**




Breakfast Menu

Mino Gigizheb *Its a good morning* 14.
Two eggs prepared any style, served with pan-fried potatoes. Your choice of bannock, fry bread or toast, and bacon, sausage or ham.

Mina Gwekiwebinigan 12.
Blueberry Pancakes
Three golden blueberry pancakes stacked high with butter and golden maple syrup.
Add Bacon, Ham or Sausage for \$4.00

Manitou Breakfast Sandwich 10.
Two eggs with Bacon or Ham on Frybread, Bannock or Toast with Cheddar Cheese.
Add pan-fried potatoes for \$4.00

Mounds Denver 10.
Two eggs with ham, peppers and onions on toast.
Add pan-fried potatoes for \$4.00

Coffee or Tea \$3.00
Orange or Apple Juice \$3.00

COMMUNITY CARE PROGRAM

RAINY RIVER FIRST NATIONS COMMUNITY CARE PROGRAM

We are looking for **FULL-TIME
CAREGIVERS/FOSTER PARENTS** and **RESPITE
HOMES** that...



- ✓ Able and willing to provide a loving, stable home for Anishnaabe children and be open to learning the Culture and Traditions.
- ✓ Have good problem-solving skills, child management skills, patience, compassion, sensitivity towards cultural needs, and an ability to work well as part of a team.

If you would like more information on becoming a Caregiver/Foster Parent, please call the Alternative Care Coordinator, Michelle Loveday, at (807)271-5452 or (807)482-2479 ext. 278

**Make a difference in a child's life,
become an Alternative Caregiver**



"It takes a big heart to shape little minds."



RAINY RIVER FIRST NATIONS COMMUNITY CARE PROGRAM

RAINY RIVER FIRST NATIONS COMMUNITY CARE PROGRAM IS LOOKING FOR CAREGIVERS TO PROVIDE PLACEMENTS FOR 5 CHILDREN IN CARE.

WE ARE DESPERATELY ASKING FOR YOUR HELP IN PROVIDING A SAFE AND LOVING HOME FOR THE CHILDREN.

IF YOU ARE INTERESTED IN CARING FOR 1 OR 2 CHILDREN OR HAVE QUESTIONS, PLEASE CONTACT;

MICHELLE LOVEDAY, AT 807-482-2479 EXT. 278 OR 807-271-5452

OR

ANN HILLER, AT 807-482-2479 EXT. 258 OR 807-271-0481.

MIIGWETCH!



YOUR HELP IS GREATLY APPRECIATED!





REMINDER FOR LONG DISTANCE MEDICAL APPOINTMENTS

Please submit your appointment information to either Juanita or Laura at least **two weeks** prior to your appointment. This is a requirement from NHB.

Any appointments received on short notice cannot be guaranteed to have any arrangements secured or a travel cheque issued to help with travel costs.

Also, please remember to bring the Confirmation of Attendance form and have it signed by the specialist. We need these to submit to ISC for reimbursement of the cash advance provided to our clients.

Thank you for your cooperation!

Juanita Hunter-Connon, Health Director

HEALTHY LIVING FOOD BOX

ORDERING OPTIONS

Due 1st Wednesday of the month

Online

You can now submit your order via our online form!

ORDER FORM &

EMT REQUIRED

COST - \$25 via EMT

www.tinyurl.com/GHAC-FoodBox

In-Person

- At GHAC (1460 Idylwild Dr) on the 1st Wednesday of each month
9:00 AM - 4:00 PM | \$25 Cash

- At 714 Armit Avenue during Food Box pick up (3rd Wednesday of each month)
12:00-4:00 PM | \$25 Cash

BOX PICK UP

Every 3rd Wednesday of the month

12:00 - 4:00 PM

Metis Hall

714 Armit Avenue

Please bring your own bags



DROP-IN COUNSELLING RAINY RIVER FIRST NATIONS

✓ Addiction Services

✓ Depression, Anxiety, and Mental Health Support

✓ Grief Support

✓ Brief Case Management

**FRIDAY'S @ 11-3PM
BAND OFFICE**

For more information:

Contact Alyssa:
(807) 274-2042 ext. 4228
astrachan@fftahs.com



Rainy River First Nations

MAANISOU RAPIDS



GIISHKAANDAGO'IKWE

HEALTH SERVICES



GIISHKAANDAGO'IKWE
HEALTH SERVICES

Home and Community Care Respite Program

Respite program is designed to support elders, children and other adults receive ongoing necessary care in their home community while also providing some relief to caregivers. It is the hope that we can help keep individuals in their homes longer and avoid hospitalization or trips to the emergency room through the provision of this service.

Services provided:



Caregiver relief



Personal Care



Meal Preparation



Wound care



Interactive activities



Medication management

Nikkol Medicine
Home and Community Care Coordinator
Phone: 807-274-2042 ext 2269
email: nmedicine@fftahs.org



UPDATE YOUR MAILING ADDRESS



Any Members who haven't updated their mailing addresses recently, please do so ASAP to the Membership Registrar for upcoming mail-outs.

Gwen Medicine

807-482-2479 ext. 268

membership@manitourapids.ca





**Rainy River First Nations
Manitou Rapids**

PO Box 450
Emo, Ontario P0W 1E0
Phone: (807) 462-2479
Fax: (807) 462-2603

Jordan's Principle Community Needs Assessment

Rainy River First Nations

Helping ensure every child receives the services they need, when
they need them.

We are conducting this survey to better understand the needs of children, youth, and families in the community, and how Jordan's Principle can support them. Your input is important and will help us:

- Identify gaps in services
- Improve access to culturally appropriate support
- Advocate for the right programs and funding
- Build stronger services for our children and families

All responses are confidential. You can choose to skip any question.

SECTION 1: Basic Demographics

What is your role in the community? (Check all that apply)

- ☐ Parent/Caregiver
- ☐ Youth
- ☐ Elder
- ☐ Educator
- ☐ Service Provider
- ☐ Other: _____

What age group(s) do you care for? (Check all that apply)

- ☐ 0–5 years
- ☐ 6–12 years
- ☐ 13–18 years
- ☐ Over 18

Are you a member of Rainy River or another First Nation?

- ☐ RRFN member
- ☐ Other: _____

What is your postal code or community location? _____

SECTION 2: Awareness of Jordan's Principle

Have you heard of Jordan's Principle before?

- ☐ yes
- ☐ no

If yes, how did you learn about it?

- ☐ friend
- ☐ poster
- ☐ Facebook
- ☐ School
- ☐ Service Provider
- ☐ Other: _____

How well do you understand what Jordan's Principle can provide?

- ☐ 1 – Not at all
- ☐ 2 – A little
- ☐ 3 – Somewhat
- ☐ 4 – Well
- ☐ 5 – Very well

Have you ever accessed support through Jordan's Principle?

☐ yes

☐ no

If yes, what types of services did you access?

☐ Mental health services

☐ Clothing supports

☐ Food security supports

☐ School supports

☐ Service Provider

☐ Other: _____

SECTION 3: Needs and Gaps in Services

What services or supports do you or your child(ren) currently need?

Are there any services your family has had trouble accessing?

What types of professionals or specialists would you like to see more of in your community?

How easy is it to access health, mental health, and educational services in the community?

- ☐ Very difficult
- ☐ Somewhat difficult
- ☐ Neutral
- ☐ Somewhat easy
- ☐ Easy

Have you experienced delays in services due to jurisdiction (e.g., federal vs provincial)?

- ☐ yes
- ☐ no
- ☐ not sure

What barriers are preventing you or your family from receiving help?

- ☐ transportation
- ☐ waitlists
- ☐ cost
- ☐ lack of awareness
- ☐ unsure

SECTION 4: Cultural and Holistic Supports

What traditional or cultural supports would you like to see offered through Jordan's Principle?

Are there specific cultural or land-based services you feel are currently missing?

SECTION 5: Satisfaction and Future Needs

How satisfied are you with the services available in the community?

- ☐ Very satisfied
- ☐ Somewhat satisfied
- ☐ Neutral
- ☐ Somewhat dissatisfied
- ☐ Very dissatisfied

What would make accessing services easier for you and your family?

What is one thing Jordan's Principle could do to better support your family or child?

SECTION 6: Final Comments

Do you have any suggestions for programs, events, or resources you'd like to see in our community?

Thank you for completing this survey.

Please return it to:

Amber Vanasse

Jordan's Principle Coordinator

amber.vanasse@manitourapids.ca

Or bring it to the band office

If you would like to be contacted for a follow-up, please leave your name and contact info (optional):

Name: _____

Phone or Email: _____