

Chief and Council- Rainy River First Nations

Report from Addiction Treatment and Recovery Services

February 2017

Over the course of the last month the addiction team remained busy. We provided intake, assessment, one-one counselling sessions to all new and carried over community members. We also completed 5 transports for client either attending treatment programs or returning from their respective program. We conducted aftercare sessions with those wanting to participate. Check in services, coffee outings, attendance to self-help groups and cultural activities were attended by our aftercare clients. We had 3 community members on Soboxone, but one was weaned while in treatment, so 2 remain on program.

Since April 1, 2016 until present the team have done approximately 70 short distance transports (within 100 km. of community) and also 37 long distance transports (over 100 km. of community). We have 4 transports scheduled thus far for March 2017 all being long distance travel. Short distance transports are those that consist of assisting clients who attend scheduled appointment with other professionals, doctor visits, and attendance at self-help groups, healing ceremonies, sweat lodges and sobriety activities. Long distance transports consist of transporting/escorting community members to transportation hubs (Winnipeg or Thunder Bay), transporting to treatment facilities and detox centers. Out long distance transports have covered areas across Ontario, throughout the provinces west of Ontario and into Minnesota, USA.

We presently have identified 17 community members who are in need of long term in-patient residential treatment. We have 10 community members who have completed treatment and are identified as needing aftercare services. We also have 3 community members in treatment, who will be returning home within the next two weeks. We have 4 community members who have had recent relapses but who continue seeking service through our team. As stated previously, we do have community members who have treatments dates in March 2017 (3) and 3 members returning to community in early March 2017.

Other activities participated in include staff meetings, SST meeting, meeting with CCP team and meeting with the community drum keepers. I also attended a meeting with C&C during February 2017 and was present with C&C when a BCR was delivered to a community members for his involvement with illicit drugs within the boundaries of Rainy River First Nations. Addiction staff have also completed the on-line Naloxone training and the naloxone kits have arrived. A meeting will be held in the near future with leadership and staff to formalize a plan for community naloxone usage.

Our NNADAP worker was contacted by a worker from the Kenora Chiefs Advisory and assisted in setting up an upcoming Lunch and Learn being held in community on April 11, 2017. This session will be specific to gambling addiction and all community members and workers are invited. We will also be assisting in March Break activities in the community along with other staff and programs.

This concludes my report for the month of February 2017. If you have any questions, please contact me at your convenience.

Dean McMahan